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***Amanda Sherf  
Programs Director  
since September 2018***

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**Do It.**

*"I am excited to work with the clients of the Transition House.*

*Helping people live their best life and achieve their goals is a passion of mine. I look forward to gaining knowledge on mental illness and helping to aid in our clients' recovery."*

*In addition to being a passionate mental health advocate, Amanda is a competitive runner. She understands the importance of healthy lifestyles and is a trainer for others trying to improve their skills. Amanda brings a winning spirit with affirming support to all that she does."*



## ***Statements of Support***

*I truly love the work that I do*



Mental illness and substance abuse does not discriminate, this can happen to anyone. At Transition House, we provide a safe space for individuals to explore ways to manage their illness. Through our Transitional Living and Community Outreach programs, we empower our clients in their recovery goals with advocacy, support, mutual respect, and fun. Everyone deserves an opportunity to better themselves and that is what Transition House provides.

I truly love the work that I do with Transition House. Recovery is not simple or easy and I am honored to play a small part in someone's life changing journey. To see someone when they first enter our program to when they graduate is very rewarding and makes me proud of the work that clients, staff, and community partners do.

Amanda S., Programs Director

