

Annual Report FY'22



Difficult, Challenging, Hard...

not the same as impossible.

There is Hope - even when it's hard to see!

Keep doing your best!



Keep doing your best!

There is Hope - even when it's hard to see!

Transition House, Inc.
Celebrating 40 years
1982 - 2022

We Listen. We Respect. We Support. We Empower.

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Please Note:

TH = Transition House | TLP = Transitional Living Program | COP = Community Outreach Program



Changing Lives by Creating Pathways for Mental Wellness

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TRANSITION HOUSE, INC.

Changing Lives by Creating Pathways for Mental Wellness.
We Listen. We Respect. We Support. We Empower.

TRANSITION HOUSE FY'22

HELPING PEOPLE FIND THEIR WORTH AND SUPERPOWERS

Wouldn't it be nice... create a plan, snap your fingers and there you have it... Recovery! If only. We're often reminded by our People that their shame and sense of unworthiness are core issues tied to their desires to use unhealthy substances and end their lives. As our systems continues to focus on high volume and rapid turnaround – according to our People – that is the message that reminds them that they are better off dead because they aren't healing quick enough... they need more support, therapy, and time. With those repeated messages running through my head, I decided to be even more intentional this year about including messages from our People throughout our Annual Report. Combining our data with client messages helps us share our outcomes and impact in a more meaningful way. Data tells us: 82% of the clients who actively participate in TH programs experience improvements in their quality of life and necessary life skills that help them live more successful lives while feeling a greater sense of belonging in the community. Our People tell us that an important part of the work of TH is helping people find their voices, teaching self-care and self-advocacy. Active listening along with giving time and support to those seeking a new life is vital. FY'22 has reminded us that our approach with our People needs to include structure, accountability, active listening, and support combined with the acceptance that recovery and true healing cannot be imposed on anyone. Recovery takes time and patience... it cannot be forced or rushed. In their own words, the following messages are from People of TH:

THE REALITIES OF MENTAL ILLNESS

"Healing takes time. There has to be trust and patience. Having failed so many times, I struggle with feeling like the support is conditional. I struggle with believing that help is just conditional. I see TH as a support, my family as a support, but there are times that I do feel like this is the last positive support that I have. The fear of the unknown, the battle of not becoming who others want me to be, the fear of being who others want me to be so I don't lose support. The fear of letting people down. The fear of confirming those who don't believe in me and don't see hope. There is hope. Sometimes we have to focus on the positive to see it. You can't put a time on your healing. I feel like others see me as a hopeless cause. Even the darkest times, when you don't see hope, there is always a light, we just have to choose to see it. Sometimes we have to reposition ourselves and redirect our focus to see the hope that is right in front of us. Healing is not easy, but it is worth it."

WORDS MATTER

"Twenty years ago, I was told I would be permanently suicidal. I gave up hope. I quit existing. I would never be happy. Now I have hope and I'm joyful. I have a light inside. I have the human right to be silly. I found my smile. I found my superpowers and my worth. This is not a phase, these are permanent tools that I now have."

HOPE AND THE NECESSITIES FOR HEALTHY HEALING AND RECOVERY

"When you try and rush treatment and make it about numbers... it doesn't work. When treatment focuses on numbers, it creates a system of unhealed and unworked trauma where individuals relapse back into old patterns and need help again... without change. TH helps people change and gives true hope."

TH equips clients with the tools to succeed so we do not repeat the behaviors that landed us at our lowest places and of need of outside help. They also help us recognize and accept the mistakes that were made to help us change for the better and to make more positive and permanent changes. They don't focus on numbers, they focus on individuals and their personal healing. It's a program that fits everyone personally. There needs to be more places like TH that focuses on quality rather than quantity. TH doesn't put a timing on healing, they put a focus on each person's needs to better themselves to be in a better place in their lives."

I wish this was a gift that more people got to experience. I feel like I have room to grow on my own when I want to challenge myself, but I know I have the support I need. They don't enable us, they equip us with the tools to succeed. They also challenge our old ways of thinking to help us get to a more positive state of mind. It helps us learn our superpowers!

I wish that there were more places like this, the support staff gives and the knowledge that the staff has on mental health and addiction. How understanding staff is and how they work with each person individually and help each person find the best route to meet our goals. I'm very grateful for this program. It's helped me learn how to manage my mental health, my addiction and learn how to be an adult and start living independently in order to get my life together."



JUNE BUG JAM 2022

JB'22 empowered and represented our People and the work of TH more than any other JBJ in our history. The People of TH stepped up to play a very vital and active role in the event. It wasn't just about others sharing their stories and messages through original songs. Our People created, helped to produce, and perform original songs that shared their messages of advocacy and hope. The core of show was virtual, but this year, our Board hosted a Watch Party with a special live performance at The Well. It was courageous, fun, powerful, engaging, and welcoming. The messages shared and the joy that was felt was incredible. Links to the YouTube Live event and to each individual performance video are available at <https://www.thouse.org/june-bug-jam>. Each year, a new standard has been set for the event – reminding us that the People of TH have creativity, talents, and messages that need a platform. As I reflect on an agency goal... JBJ and even the narrative of this report, represent the shift in our People and their role as part of TH and our community... they are more than just consumers of resources, they are contributors making a positive impact on our community.

Doing the unique work that TH does is often challenging enough. When you add continued staff turnover with the on-going realities of managing life during a global pandemic, our jobs can seem impossible. It is our People who inspire us and remind us daily why we work so hard, continue our strong advocacy efforts, and most of all, remain hopeful that through our hard work, lives truly are saved and changed. We've heard the words from our People time and time again.



"Transition House changed my Life! I Am Forever and Eternally Grateful that I had the opportunity to be a Resident. Thank You Bonnie Perutzzi, and Staff, I Love You. Keep Fighting the Fight All You Mental Health Warriors" ❤️

'We're the People who shouldn't be making it... and We Are!'

CLIENT OUTCOMES:

We are proud of the hard work and achievements of the People of TH.

The following reflects the average percentage of TLP and COP clients who had improvements/maintenance in:

Quality of Life: 84% ● Mental Illness Management: 78% ● Social/Recreational Skills: 79% ● Work Related Skills: 84% ● Community Living Skills: 83%

TRANSITION HOUSE OUTCOMES:

SETTING AND ACHIEVING GOALS DURING A PANDEMIC IS CHALLENGING. OUR TEAM IS VERY PROUD OF OUR MANY ACHIEVEMENTS DURING FY'22.

FY'22 GOALS:

OUTCOMES:

IMPROVE QUALITY OF LIFE THROUGH ENHANCED RECOVERY AND WELLNESS OPPORTUNITIES

EMPOWERMENT PLUS PROJECT: ADVANCE RECOVERY OPPORTUNITIES THROUGH IMPROVED INDIVIDUAL SERVICES AND PSYCHO-EDUCATIONAL GROUPS

- **New:**
 - Work to establish strategies for consistency in use of best practices group curriculum materials.
 - Coordinate with Executive Director to have group topics posted on TH website calendar.
- **On-Going:**
 - Research and accumulating best practices group curriculum materials.
 - Plan meaningful activities for clients to enhance wellness and have fun.
 - Invite client feedback through client surveys, written statements, focus groups and individual feedback to improve TH groups/activities that encourage active participation of TLP and COP clients.

- As efforts increased to expand curriculum materials, we became more aware that our efforts needed to focus not only on the materials used, but also with the way in which groups are being facilitated. We were fortunate to have a volunteer provide group facilitation training for our direct service staff to help improve the confidence our staff had in doing groups. Also encouraging co-facilitation of groups has helped. Having OU Social Work and Psychology students sit in on groups and help to co-facilitate helped increase group quality overall while providing a good training opportunity for our students.
- Efforts continue to post group topics routinely, so a list of groups and activities is available monthly on the TH website.
- Use of assessment feedback and client input on group types and content has increased. As clients have been more a part of the development process, they feel a different level of engagement which increases the quality of groups.

STRENGTHEN CONNECTIONS AND COLLABORATION WITH COCMHC, GMH AND OTHER MENTAL HEALTH COMMUNITY PARTNERS

- **New:** Work to establish connections with liaisons at COCMHC and GMH to improve efficiency and effectiveness of communication related to client care.
- **On-Going:**
 - Find creative ways to strengthen connections and collaborations while ensuring safest practices during the on-going pandemic.
 - Meet with COCMHC and GMH Leadership to update our Memorandum of Understanding.
 - Improve communication and coordination of care through treatment teams and other clinical staff meetings with COCMHC and GMH.
 - Connect with area providers (including Norman Regional Health System, Red Rock, Oakwood, etc.) to further educate them regarding TH services and programs, appropriate referrals, referral process, etc.

WORK WITH COMMUNITY PARTNERS TO REDUCE INCARCERATION RATES OF PEOPLE WITH SERIOUS MENTAL ILLNESS

- **On-Going:**
 - Continue active involvement with Cleveland County Mental Health Task Force, Substance Abuse Task Force, Coordinated Case Management and Cleveland County Continuum of Care and other appropriate efforts.
 - Continue to develop connections and collaboration with partners involved with Recovery and Wellness Courts, Norman Police Department, Sheriff's Office and others as appropriate.

WORK WITH COMMUNITY PARTNERS TO REDUCE SYSTEM DEPENDENCY

- **New:** Empower more clients to become mentors for others who are early in their recovery process with TH.
- **On-Going:**
 - Continue teaching clients to focus on becoming community contributors.
 - Continue healthy connections with people seeking referrals, services, and support.
 - Further develop and increase awareness of the Community Outreach Program through sharing activities calendars with local providers.
 - Continue to educate the community on Transition House services through various opportunities including speaking engagements, social media, website, providing information materials at conferences, June Bug Jam, etc.
 - Continue to develop supportive connections and collaborative efforts with local law enforcement and other community partners.

- As many have struggled with staff shortages, high staff turnover, and increased need for services, we found the connection and collaboration process more challenging than it had been in the past. Despite the challenges, very intentional efforts were made to connect and collaborate with COCMHC, GMH and other providers. These efforts resulted in improvements in accessing services and some reductions in barriers that clients experienced when attempting to get needed mental health services.
- A major accomplishment was the establishment of Business Agreements between Transition House and COCMHC and GMH. These agreements help to open up lines of communication even more while reducing some of the barriers that made coordination of care more challenging. We remain very grateful for the support and partnerships we have locally and statewide.
- Transition House Staff members continue our involvement with a variety of community-based task forces and workgroups. Continued partnerships with members of local law enforcement groups and justice officials have helped us continue to keep our focus on encouraging clients to be mindful decision makers while learning to be better accountable to healthy community living.
- Staff continues to advocate for treatment versus incarceration when appropriate. We've had situations that could have resulted in incarceration, but instead clients sought more appropriate treatment rather than incarceration.
- A new partnership was established this year with Judge Blaylock from Norman Municipal Courts and we're discovering ways that our partnerships can benefit our clients and community.
- We're very proud of clients who are willing to be mentors for others who are early in their recovery process. One TLP graduate who is now and a COP client has been hosting pizza parties and doing other special things for the current TLP clients. When his schedule got busier with working and going to school to become an RN, he decided he wanted to do something special, so he bought each TLP client a \$25 gift card and wrote a special note to each person. He wanted to make his gifts anonymous so people could simply enjoy the special gifts. He always talks about remembering what it was like when he was in the program. From consumer to contributor – this is a wonderful example of recovery outcomes and impact.
- Creating and sharing of Gifts of Hope has increased this year. The intentional work of creating special gifts that express gratitude to TH supporters continues to make an impact. Clients have been very proud of their work, and we continue to be so grateful for our volunteer, Mary Lee, who has helped to lead this effort over the past several years. This is another way clients can become empowered by their healing work, then share it with others so they can be inspired and motivated.
- June Bug Jam 2022 was about People of Transition House sharing their messages of hope for a better life, not only with others in need, to with our community. Having the event partially in video format has expanded the reach for the messages shared by the People of TH.

DEVELOP RESOURCES TO STRENGTHEN TRANSITION HOUSE CORE SERVICES

CONTINUE TO STRENGTHEN STAFF CAPACITY TO PROVIDE THE HIGHEST QUALITY SERVICES POSSIBLE.

- **New:**
 - Improve understanding, capacity, and use of TheraNest as documentation and reporting tool.
 - Support the Programs Director and Recovery Coordinators' continuing education goals to advance clinical skills
 - Engage in intentional efforts including routine consultation with supervisor and outside consultant to improve the quality and capacity of the TH Team
- **On-Going:**
 - Routinely review vision, mission, and standards associated with TH's culture and commitment to recovery.
 - Support participation in on-going training and conferences.

SECURE AND MAINTAIN PARTNERSHIPS WITH CURRENT AND PROSPECTIVE FUNDERS TO IMPROVE AGENCY RESOURCES

- **New:** Set up in-kind donation opportunities through Amazon.

- We've had increased opportunities for Staff training and development over the past year. Trainings done by ODMHSAS, and other groups have helped our staff increase their knowledge in areas related to housing, homelessness, benefits acquisitions, music wellness to name a few.
- Use of TheraNest has helped to improve the quality of the agency's documentation work.
- Two staff members are taking classes at OU to pursue their goals of becoming licensed professional counselors.
- Intentional consultation with supervisors as well as with our outside consultant has helped staff improve their skills while addressing barriers that impact quality of care. We recognize the challenges associated with this work and routine consultation helps ensure that staff is providing a level of care that is truly client centered.
- As the agency dealt with staff turnover, we were more intentional in our efforts to improve the quality of our on-boarding process.
- Resource development continues to be a focus at TH. Donor relations and efforts to improve in this area brought us to the conclusion that we

- **On-Going:**
 - o Continue use of Facebook fund raisers.
 - o Advocate to increase rate paid for Transitional Living Program Services.
 - o Further develop connections with Foundations and Local Civic Clubs.
 - o Increase community's awareness of and support of Transition House through speaking engagements, social media and June Bug Jam.
 - o Support Board/volunteer efforts to develop a fundraising plan for the Board.
 - o Support Board/volunteer efforts to develop connections that result in donations to Transition House.

needed to acquire technology that helps us better track donations of all types. This will now become an FY'23 goal.

- Opportunities for in-kind giving through Amazon were explored but have not been implemented yet.
- Big focus has been on Facebook Donor Drives and Transition House's 40 for 40 campaign. Over 40 people wrote personal statements about Transition House, and these have been shared on social media, at JBJ'22 Watch Party and will continue to be used as appropriate. Some are included in this report. In doing this drive, we empowered a variety of advocates to share the reasons they support and value TH, thus encouraging others to do the same. Of the \$29,082 raised in the FY'22 TH Donor Drive - \$10,592 was raised on social media – primarily Facebook. Total gifts received through Facebook drives were 199 – 188 of those were towards the Donor Drive and 11 were for JBJ'22. In total, Facebook/Instagram Drives raised \$11,227 from 199 gifts.
- June Bug Jam 2022 was successful not only in raising awareness for the People and work of TH, but it also raised \$15,907 (Gross) / \$14,154 (Net) for FY'22.
- Through the advocacy efforts of FY'22, opportunities for expanding connections and potential donors have increased.
- The decision was made to begin investigating a donor tracking platform.

IMPROVE AGENCY OPERATIONS

IMPROVE AGENCY OPERATIONS

- **On-Going:**
 - o Maintain and upgrade as needed agency technology, software, etc.
 - o Consistently update TH website and calendar.

IMPROVE TRANSITION HOUSE ENVIRONMENT, ADVOCACY, AND SERVICES THROUGH USE OF VOLUNTEERS AND INTERNS

- **New:** Expand partnerships with OU Psychology Department and Prevention Resource Center/OU School of Social Work as a resource for student interns/volunteers.
- **On-Going:**
 - o Continue involvement with Day of Caring and other appropriate volunteer opportunities.

REVIEW AND UPDATE POLICIES AND PROCEDURES AS NEEDED

- **New:** Continue the comprehensive review of agency Clinical Policies and Procedures.
 - o Ensure compliance with ODMHSAS Standards and Contracts.
 - o Develop Policies and Procedures related to Client Gender Identity and Medical Marijuana.
 - o Review and update Administrative Policies and Procedures as needed.
- **On-Going:**
 - o Update Client Handbook.
 - o Review Policies and Procedures as needed with Staff to ensure a consistent understanding of current agency policies and procedures.

SUPPORT TRANSITION HOUSE STAFF WELLNESS, CONNECTION AND COLLABORATION

- **New:** Find innovative and safe team building activities that staff can engage in as a team to help to develop connectedness and improved collaboration.
- **On-Going:**
 - o Encourage Staff to plan and take routine vacations to reduce compassion fatigue and improve quality care.
 - o Cross train positions.
 - o Active participation in routine consultation and meetings.
 - o Engagement in meaningful Connections among Staff to reduce compassion fatigue and staff turnover.
 - o Improve Staff Wellness through more intentional and well-planned SWARA's.

- TH's website continues to evolve and be used to advocate and provide agency transparency. For the second year in a row, TH attained Platinum status with GuideStar so as people visit our website, they see not only the work of TH, but our agency's work to be very transparent.
- We spent time investigating ways to improve agency tracking and reporting efforts. This is an area that needs attention and improvements. The addition of a donor tracking platform in FY'23 will make an impact and improve the efficiency of TH. A deal of time is wasted now trying to gather information from a variety of files.
- OU Students and volunteers were very important to TH during FY'22. From one volunteer who was preparing to enter school to become a PA, to a retire educator, to our 3 Bachelor's and 1 Master's level Social Work Students and 4 Psychology Students, we felt very fortunate to be able to provide a positive training opportunity while also receiving the support from our volunteers.
- In addition, Day of Caring volunteers from First Fidelity Bank made an impact with their volunteer efforts. In addition to the deep cleaning work, a new set of shelves were constructed in a storage room.
- As we experienced a staff opening and a need for a temporary employee while one staff member was going to be extended Military Leave, we were able to hire 2 people who had been students with TH.
- With the increasingly intense work of TH, we recognized that though we had made some progress with our policies and procedures development, it was time to hire a non-profit attorney who specializes in helping agencies develop policies that are not only relevant to the work of agency, but also align with the most current changes in legal requirements related to our work. Our first area of focus has been an Employee Handbook. We identified gaps in our current policies and procedures, so this became a priority. Excellent progress was made with this Handbook and our goal is to finalize it in early FY'23.
- Staff has been intentional in our reviews of current Clinical policies and procedures during the onboarding of new staff in late FY'22. We've identified areas that need to be addressed and plan to complete in FY'23.
- As we dealt once again with Staff turnover, our focus was on client care, with reminders that self-care is essential as well. This is an area we continue to work to improve on.
- Working with a 4 person staff for over 3 months presented challenges related to self-care, however we did our best and have developed thoughts on improvements for the future.
- Improvements were made in our consultation process with more intentional documentation associated with consultation.
- Though we did not do SWARA's as hoped, we did take time for intentional fun activities together as a staff.

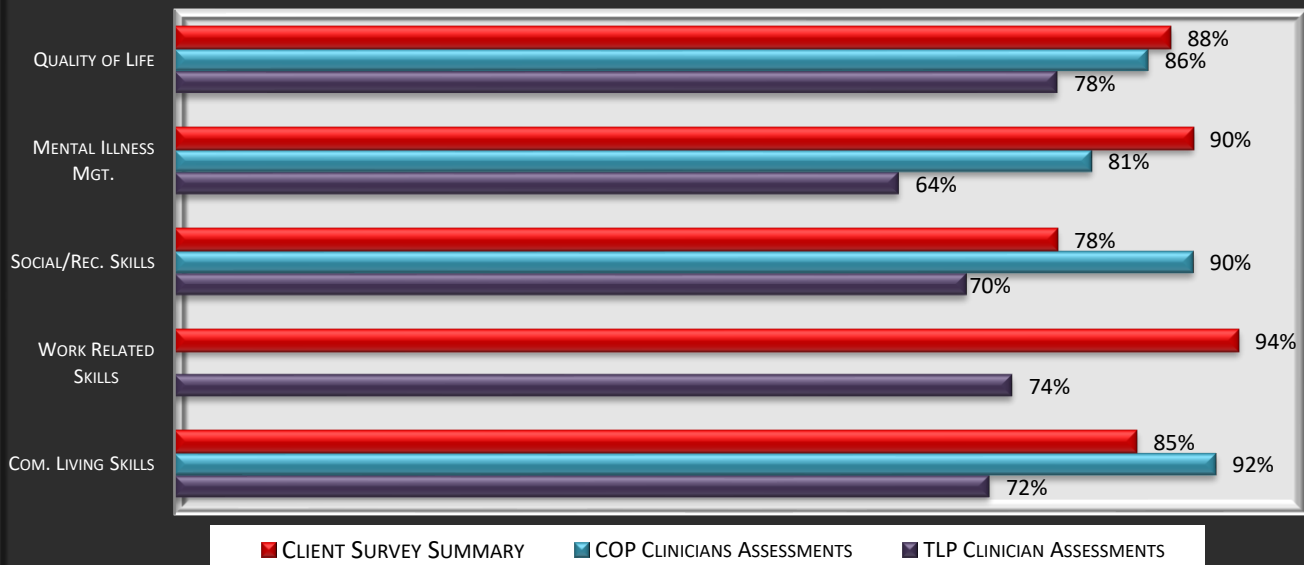
THANK YOU TO EACH PERSON, BUSINESS, PARTNER AGENCY, AND FUNDING ORGANIZATION

WHO KINDLY SUPPORTED THE PEOPLE OF TRANSITION HOUSE IN FY'22.

BONNIE L. PERUTZI, EXECUTIVE DIRECTOR

Impact and Outcomes

TH OUTCOME STUDIES FY'22



Our data indicates that 82% of the clients who actively participate in Transition House programs experience improvements in their quality of life and necessary life skills that help them live more successful lives while feeling a greater sense of belonging in the community.

Averaging the findings from Clinical Assessments and Client Survey response, the following reflects the average percent of actively engaged TLP & COP clients who had improvements/stabilization in:

Quality of Life: 84% ● **Mental Illness Management: 78%** ● **Social/Recreational Skills: 79%**
Work Related Skills: 84% ● **Community Living Skills: 83%**

This statement is validated by the FY'22 TH Outcome Studies. The Comparison chart is an evaluation tool used by Transition House to assess overall impact of services on clients' recovery from serious mental illness and quality of life.

To improve reliability of outcomes, 13 areas were assessed as indicators for TLP clients. Clinical assessments were done on 37 TLP clients and 35 COP clients by TH clinicians. The 35 COP clients assessed had 12 or more contacts with TH staff in FY'22. Of the 17 clients who completed Client Surveys, 6 reported being in the TLP, 10 in the COP and 1 did not indicate.

Reflected in the chart are indications of improvement or maintenance of critical skills related to recovery from serious mental illness.

Below are areas assessed and used as indicators for findings:

- **Management of Mental Illness:** Reduction of symptoms of their mental illness; Ability to Cope with Emotions/Manage Behavior; Medication Compliance; Self-Esteem
- **Housing Safety & Security:** Maintain a safe and clean apartment
- **Physical Care & Wellness:** Hygiene; Nutrition and Medical Care
- **Financial Stability:** Money Management; Work Related Skills

As we celebrate Transition House's 40 year Anniversary, we invited people to share their thoughts on the value and impact of Transition House. Their statements give a more personal perspective of the impact of agency.



From Homeless and Broken, to Happy and Healthy

When I first came to Transition House, I was completely lost and in the darkest mindset a person could be in. I was skeptical and fearful because I had been living with mental illness and substance abuse since I was a teen. I did not get the help I needed to learn how to live a stable life while dealing with mental illness. I felt suicidal, exhausted and all alone.

All that changed after I got to Transition House and began to work with an amazing recovery coordinator who stood by me through thick and thin! I was treated with respect and dignity. The entire staff supported me and guided me as I struggled to go from homeless and broken, to happy and healthy. Finally, my life was not just a big, old mess! I was someone that I could live with.

I have been living on my own for almost a year now. I have a job I really like and new friends. It is so reassuring to know that I will always be a part of the Transition House family. I will be forever grateful!

Virginia C., Client

Impact and Outcomes

Transitional Living Program			Community Outreach Program		
TLP Projected Outcomes:	Actual Outcomes:		COP Projected Outcomes:	Actual Outcomes:	
7/70% of the 10 (monthly average) will be actively working on their recovery from mental illness and related issues.	# of Clients Served:	11	30/75% of the 40 clients have 6 or more contacts in 6 months to further their recovery.	# of Clients Served:	98
	# of Clients achieving stated outcome:	10		# of Clients achieving stated outcome:	48
	% of Clients achieving stated outcome:	91%		# of Clients achieving stated outcome:	49%
8/80% of the 10 clients (monthly average) establish a healthy therapeutic relationship with their Recovery Coordinator	# of Clients Served:	37	23/72% of the 32 COP clients (monthly average) are former TLP clients.	# of Clients Served:	44
	# of Clients achieving stated outcome:	36		# of Clients achieving stated outcome:	38
	% of Clients achieving stated outcome:	97%		# of Clients achieving stated outcome:	86%
9/90% of the 10 (monthly average) provide list of needed identification and report any missing forms of identification such as birth certificates, Social Security cards, ID, etc.	# of Clients Served:	11	30/75% of the 40 clients having 6 or more contacts in 6 months have improvements in or maintain an adequate skill level in Social/Recreational Skills	# of Clients Served:	48
	# of Clients achieving stated outcome:	11		# of Clients achieving stated outcome:	43
	% of Clients achieving stated outcome:	100%		# of Clients achieving stated outcome:	90%
10/100% of the 10 clients (monthly average) live in safe and secure housing while in the TLP to reduce the stress of homelessness so they can focus on recovery.	# of Clients Served:	11	30/75% of the 40 clients having 6 or more contacts in 6 months have improvements in or maintain an adequate skill level in Community Living Skills.	# of Clients Served:	48
	# of Clients achieving stated outcome:	11		# of Clients achieving stated outcome:	44
	% of Clients achieving stated outcome:	100%		# of Clients achieving stated outcome:	92%
In 6 months, 12/75% of the 16 clients have improvements in or maintain an adequate skill level in: Mental Illness Management, Community Living, Work Related, and Socialization/Recreation Skills.	# of Clients Served:	37	28/70% of the 40 clients having 6 or more contacts in 6 months have improvements in or maintain an adequate skill level in Mental Illness Management.	# of Clients Served:	48
	# of Clients achieving stated outcome:	27		# of Clients achieving stated outcome:	39
	% of Clients achieving stated outcome:	73%		# of Clients achieving stated outcome:	81%
In 6 months, 12/75% of the 16 clients have healthy therapeutic connections with their TLP Recovery Coordinator, a Therapist and other Qualified Mental Health Professionals as needed.	# of Clients Served:	37	40/80% of the 50 clients annually who having 12 or more contacts in a year have improved/good quality of life by better managing their mental illness while increasing/maintaining needed life skills.	# of Clients Served:	35
	# of Clients achieving stated outcome:	23		# of Clients achieving stated outcome:	30
	% of Clients achieving stated outcome:	62%		# of Clients achieving stated outcome:	86%
In 6 months, 12/75% of the 16 clients have needed identification that allows them to apply for needed assistance and/or employment.	# of Clients Served:	37	40/80% of the 50 clients annually who having 12 or more contacts in a year have improved/good support systems to help them manage their mental illness.	# of Clients Served:	35
	# of Clients achieving stated outcome:	23		# of Clients achieving stated outcome:	34
	% of Clients achieving stated outcome:	62%		# of Clients achieving stated outcome:	97%
21/70% of the 30 clients (annually) will have an improved quality of life as a result of better managing their mental illness while increasing/maintaining needed life skills	# of Clients Served:	37	Findings are based on: # and % of clients who show improvements in or are maintaining skills in the listed areas as indicated in the Client Outcome Reports/Clinical Assessments completed by the TH Staff.		
	# of Clients achieving stated outcome:	29			
	% of Clients achieving stated outcome:	78%			
23/77% of the 30 clients (annually) will have an improved support system to help them manage their serious mental illness while living interdependently in the community.	# of Clients Served:	37	COP Program Outputs: Year End Status		
	# of Clients achieving stated outcome:	37	<ul style="list-style-type: none"> 98 people made use of the COP - an increase of 10 from FY'21. Despite the COVID challenges fluctuating and staff transitions, we are making progress in restoring this program. 98 people participated in the Drop-In services of COP. The majority of COP services offered were individual services, so again, we are pleased to have assisted as many as we did given the periods of COVID and staff transitions. 30 people made use of Structured Activities. This continues to be the area most impacted by the necessary restrictions to ensure safety. This area is also the one most based on connection with staff. As we've had staff transitions, it takes time for clients to establish trust and connection with new staff members. TH received 419 inquiry calls during FY'22. This is an increase of over 100 over FY'21. Staff provided support, assistance, and referrals to people calling TH. In some cases, some of these inquiry calls resulted in someone being accepted into the TLP. Affirming worthiness and sharing hope continues as an important part of our work in FY'22. From individual and group contacts to sharing Transitionisms on social media, TH continues to strive to be a source of hope during a time when many were struggling. 		
	% of Clients achieving stated outcome:	100%			
TLP Program Outputs: Year End Status					
<ul style="list-style-type: none"> 37 people participated in the TLP in FY'22. In evaluating clients on a monthly basis, we found that on average 10 of the 11 clients present in the TLP each month / 85% were actively engaged in their recovery process. Actively participating in a recovery process is challenging during 'normal times' - so given the continuing fears and challenges related to the pandemic, I'm impressed with the hard work and commitment of those who were a part of the TLP in FY'22. 37 people were housed in the TLP apartments while participating in the TLP. The number of people served was higher. We saw more people struggling with their commitment to recovery so though we served more people, we also so more struggling with meeting their recovery goals. 37 clients were referred to appropriate mental health professional for medication management and therapy. The challenges - the pandemic plus staff shortages at partner agencies. 					

Recovery

...an ever evolving process of successes, challenges, and opportunities to grow.

Bear Witness to the Change



Where do I begin? I have been plagued with severe depression my whole life! I didn't always recognize it as that. I don't know what the main reason for that was. I look back, and maybe I was seeing it as a sign of weakness. Depression had me at rock bottom ready to give up on it all. I felt like everything was happening to me than I must not be worth the trouble! People that said they would be there for me up and disappeared when they found out what all my illness entailed. It took them out of their comfort zones and therefore showed me who was really there and who wasn't. That hurt the most and caused me to lose faith in people in general! I thought to myself at one point (myself included) humans are some ugly, ugly creatures to one another. It's a fact!

TH has impact me in such a way now that most of the time I'm able to look past the problem to the solution. I've learned there are all different types of pathways to get there, but a solution none the less if you're willing. TH is important because it gives those people a platform to be heard who otherwise maybe wouldn't be. They don't put pressure on you, but they definitely let it be known they are here for whatever support you might need.

If you've never been through nothin that this might sound strange, but bear witness to the change...

Darnay T., Client

"Need the help I can't provide my self"

"I am making progress in returning to a healthy independent living"

"Thank You for all you guys do I appreciate all you help and support."

"Thank you, you do a good job"

"Love the staff and the support they give they always have a smile on there face and a joy to be around and they care about us!!! LOVE THEM ALL"

"Transition house was pivitol in helping me boost my self esteem"

"Being in the Transition House community has helped me learn to socialize, focus on healing, learn new tools to help me learn to live with my mental health. everone here is kind, amazingly helpful, and approachable about anything. thank you so much."

"This program really is helping me become mentally stronger"

"Pretty much saved me"

"Transition House is a vital asset to the community."

"You ladies have done a superb job! You're all heros to me. You have done more for me than you realize and I appreciate it. I send my love and appreciation."

Transition House has Given Me Hope



Coming to Transition House has given me hope. After years of dealing with mental health I was self-admitted to the hospital because I didn't care to live. I didn't have a stable place to go to help me become more independent in my own life. Transition House has given me hope in the possibility of a better life free from my drug addictions and hopelessness. Transition House is a place of empowerment and support from a community of residents and staff that care about the well being of every individual. Transition House has given me hope, and resources, and support in my journey of battling my mental health and keeping my sobriety by giving me a better way to deal and heal from my past. Every member here including myself has hope for a better future because of the support from so many people. Transition House is a place of Hope, support, love, respect, empowerment, and a community of individuals on a journey towards a better life free from addictions and the ability to deal with our mental health in a positive way.

Jay D., Client

Impact and Outcomes

It has Changed My Life Forever



I've been in and out of mental health hospitals, juveniles, jails and prison since the age of 13. I struggle with a lot. At one time someone pointed me in the direction of TH with the parting statement "You need all the help you can get!" Because of the program and them never giving up on me it has changed my life forever. What with the way the world is becoming, it is more important than ever to show a little love where it's needed.

In my personal opinion, this program is and will hopefully continue to be a great help for addicts and mental health patients as it was for myself. If you are reading this and if you have compassion for the mentally ill..."and addiction is an illness," then I beg you to show your support in whatever way you can. Since I was once a patient, I know how hard they work with the little they have.

Thank you for taking the time to read this and if you can't find a way to support those angels then a simple clap of the hands will do.

Brandon W., Client

Life Changing

Life Skills

Glad I Have Transition House

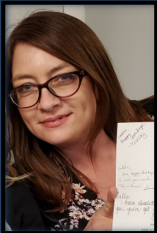
As I sit here thinking about life choices, I feel like the hamster in the wheel sometimes. At 25 years old, I was in a nursing home.

A lot has changed over the past 17 years. I've been employed part time for 14 years at OU. I enjoy traveling so I saved up and have taken 2 trips to Hawaii and now each year I take the train to San Antonio. My next adventure, a cruise. Glad I have Transition House to keep me straight. I wouldn't be anywhere without them. So glad to be associated with Transition House.



Chris C., Client

Transition House Prepared Me for the World



I will be forever grateful for the Transition House. I have a life now. I work, I attend classes at OCCC, I drive my car around town doing errands and seeing friends, and it's all so normal to me. I forget all the time how I used to be. I was so closed off, the world used to be so hard for me. The Transition House prepared me for the world. Love ya'll guys!

Callie R., Client

Love

Support

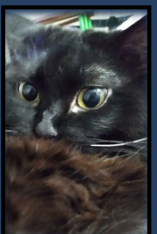
I Can Count on Transition House

I came to Transition House about 18 years ago. I was in bad shape, mentally, financially, and every other kind of way. Everyone there was wonderful and helped me to slowly get myself back on track. I have had struggles since completing the program, but I always find my way back to the light, and I know I can always count on the people of Transition House to be there for me, even after all these years. They have not forgotten me, any more than I will ever forget them. They are like family to me, and that's one reason Transition House works so well and does so much good.



Chuck M., Client

Transition House is There for Me and Others



Transition House provides a safe place within the Norman Community for people like me. When Life is overwhelming and I feel isolated and alone, they have been there to help support me and get me back on my feet again.

This place is so important to the Mental Health Community, and a priceless asset to the City of Norman. They believed in me when I couldn't believe in myself.

H., Client

Safe

Impact and Outcomes

I'm So Thankful to be Alive Today



I've dealt with trauma of all sorts from a very early age. I first saw a therapist when I was in third grade. I was a very quiet, to myself individual. But my mind was pandemonium. I've done everything u can think of to destroy myself. I saw no future... didn't see the point to life in general. Transition House is the only people and place I recovered and stayed on the straight and narrow. Battling your mind is the hardest thing and worst thing ever experienced and they helped me get back on my feet. They helped me find the right sources of professionals to help me. They helped me help myself find the perfect coping skills that I can use. I was in and out of mental institutions from age 16 to 20; my loved ones just gave up on me so I was going from couch to couch as well. I was an alcoholic and diagnosed with bpd, depression, anxiety, and bipolar. I couldn't hold down a job. I felt crazy, unable to control my thoughts and emotions. I'm so thankful for Transition House and what they can do! I am now a parent of two children. They are my world!

Everyday I wake up, I thank God for not answering the most horrible wishes I used to make. I'm so thankful to be alive today. And I honestly would not be where I am today without their help. I did not officially "graduate" but even still they helped me find and get a place of my own. They stay in contact well after you've left. They helped me more than they know and I'm truly grateful for them and the program!

Anonymous, Client

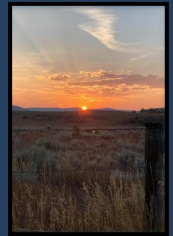
Life Saving

Opportunities

Transition House Opened My Life to Opportunity

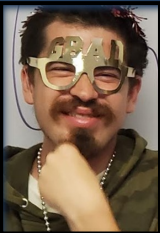
TH has opened the next year of my life to opportunity and blessings. A healthy environment to build independence and structure helping to gain life skills that are healthy to practice.

They help individuals by providing an apartment and countless other resources that provide a healthy balanced life. Structure, routine, and order are important and vital parts of the program. These resources are helpful and are appreciated. All these activities build healthy practices



Anonymous, Client

Somewhere I Can Go and Feel Safe



I am a recovering alcoholic and in that it hurts cause you don't trust anyone. I was glad when I came to the Transition House because they are so friendly and caring and it had an impact on my life. It taught me there are still good people and not to give up. Transition House is so important to me because it's somewhere I can go and feel safe and have my story heard.

Josh S., Client

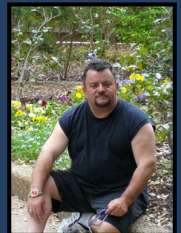
Trust

Balance

Oh Yes You Can

My name is John K. Moore. I was a resident of the TH program back in the 80's. I just wanted to leave a quick note of support for a program that I greatly appreciate with all my heart. Without the staff and their genuine love, support and desire to help, I never would have seen the brighter side of living the healthy well-balanced life that I live now.

Now life is not always the easiest, but with prayer, dedication and working our programs, we can truly make it. Oh yes you can. My thanks, appreciation, respect and love to all TH staff and residents as well as previous staff, Pam, Rochelle, Casey and Ms. Carol and others.....I never would have made it without you. THANK YOU AND GOD BLESS.



John M., Client

I Was Able to Use Transition House to Stay Alive



Everyone's recovery looks different. We have to keep fighting and not let our guard down. I'm grateful for Transition House and the help I received from them. It's hard to find the words to explain what I acquired from my experience there in 2018. Part of what helps me not fall back into my unlimited suffering and insanity from addiction and depression is knowing and seeing the people who were unable to take the help they needed from Transition House. The realities of mental health and co-occurring diseases cause a spiral of shame and guilt that are not broken easily. I was able to use Transition House and their resources to stay alive. Writing this is just an important reminder that I'm not alone and I can and have been successful in my recovery. So as a 40yr old also, I say to Transition House, thank you! We can do this!

D.W., Client

Self Love

Impact and Outcomes

Establishing Community Networks is Why Transition House is Important to Me



I've spent the majority of my life-time arm-wrestling the love of Christ. God led me to Oklahoma and "nailed my feet to the floor" so to speak. My pursuit of Dreams and Visions has taken me through life altering circumstances; Mental Wellness challenges, displaced the majority of my adult life and ostracized from friends and family. I've come to realize that I've been kept "In HIS mighty grip" through organizations like Transition House.

As a displaced member of the Norman Community, I found solace and peace at the Drop-In center, an extension of Transition House. Being displaced has become criminalized in the eyes of some productive members of our community. Producing scorn at our presence. The Drop-In Center offered a safe, monitored and peaceful environment. Offering WIFI access and simple things like running water. The Drop-In Center afforded me the opportunity to rest from my park bench, literally and to devise a plan; while waiting on placement in a neighboring organization. There is no such thing as a "one-stop-shop-organization" and the Drop-In Center has made the biggest impact on my progress.

Marlon W., Client

Comfort

Welcoming

Transition House Accepted Me with Open Arms

In November of 2021, I came to live at Transition House. With open arms, I was accepted as a new member. Not only do they have a respectable repertoire, but they also take my - along with other members - recovery very seriously. They do things like expanding your coping skills. In order to be successful through this program, you are expected to come to a daily morning group which is where you share your mood as well as positive things that are happening for you. Over your time being here, it becomes enlightening.



M., Client

I Am Not Alone... I Didn't Do It Alone



I was being dropped off when I heard my Mom say "Do what the nice ladies tell you to do." Crying and tired of fighting with everything I walked into treatment and for three months I unfaithfully tried to answer all my mentors with the correct answers for their questions and requirements of me. I was then given to Transition House almost as a prodigal son returning home, I am not alone, I told myself daily, (In memory of an old friend). Slowly things were changing as I kind of did the program that led to my attempt on graduation from the program. Alas I became enthralled with La Baguette's cheesecake and mochas' and missed quite a few meetings as I started visiting a vender on the way back from coffee and cake. Art's and Scrap's became a rendezvous about my need to graduate Bonney's plan for me. I needed something special in my recovery to spring myself from the trap I had gotten myself into. Eventually, I had my own inaugural art exhibit. I did so good Bonnie had to graduate me and make me smile in front of a serenity prayer as she took my picture for graduation. I had 13 months of sobriety and an idea of how I wanted to live I didn't do it alone and I am thankful everybody who helped me do the things they did to help me get as far as I have come.

Mike C., Client

Not Alone

Living a Fulfilled Life

Living a Life I Never Dreamt Possible Thanks to Transition House

Dear Transition House, Congratulations on 40 years of continuous service in Saving and Changing Lives. I know your Community and Clients are Grateful you have been around for so long to better the Community and to help in reforming so many lives. The work you all do is Fantastic, Amazing and Wonderful. I should know, because I am one of the lives you Saved and Changed. When I came to you, I was totally broken (with Mental Illness and Substance Abuse issues) and no longer had the will to live. Because of your Love, Support and Teaching me Coping Skills I got to the point where I wanted to live again. I now have 14 ½ years in Recovery and am living a life I never dreamt possible Thanks to Transition House.

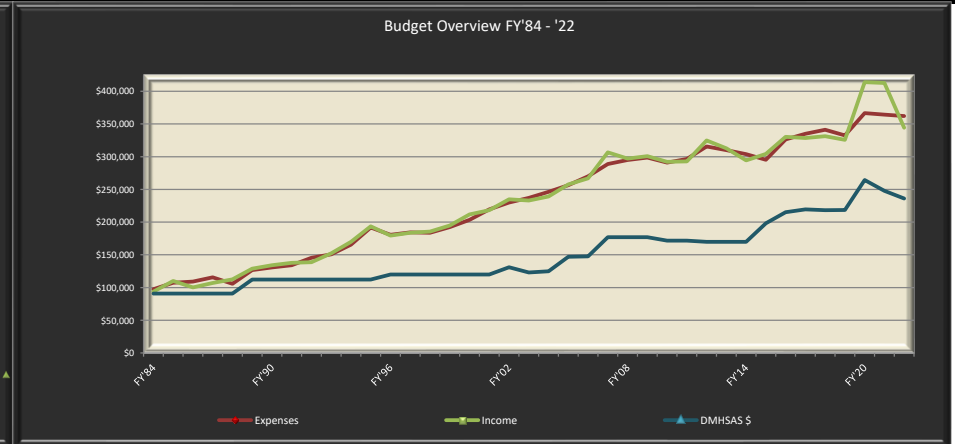
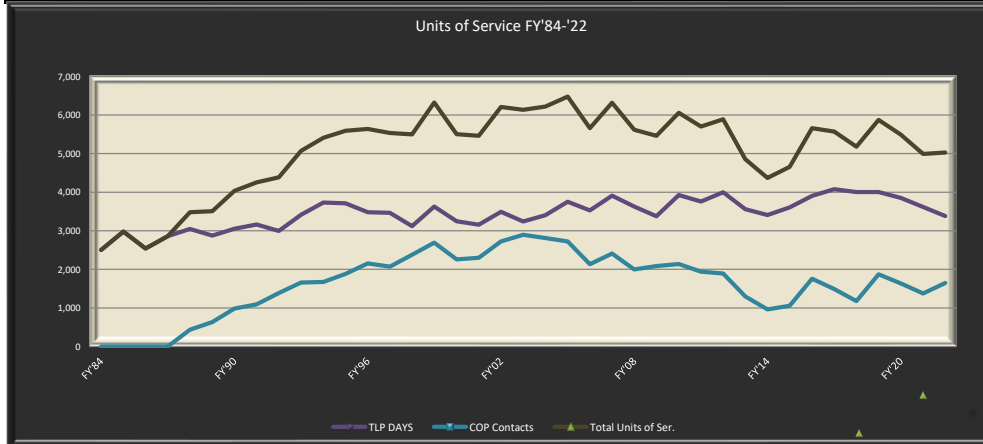


Again, Congratulations on 40 years of service and I hope you are around for another 40 years to keep Saving and Changing of even more clients who will need you. Forever Grateful,

Steve B., Client

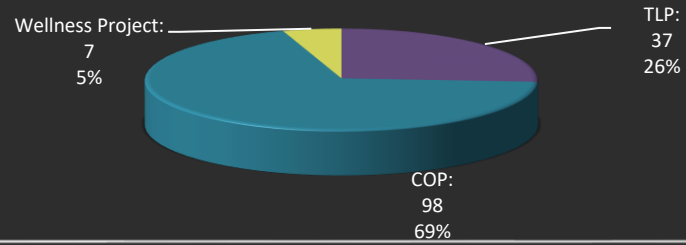
TH Overview FY'84 - FY'22

	FY'84	FY'85	FY'86	FY'87	FY'88	FY'89	FY'90	FY'91	FY'92	FY'93	FY'94	FY'95	FY'96	FY'97	FY'98	FY'99	FY'00	FY'01	FY'02	FY'03	FY'04	FY'05	FY'06	FY'07	FY'08	FY'09	FY'10	FY'11	FY'12	FY'13	FY'14	FY'15	FY'16	FY'17	FY'18	FY'19	FY'20	FY'21	FY'22	
TRANSITIONAL LIVING PROGRAM:																																								
Number of Clients	35	32	31	37	32	30	31	34	36	29	36	34	42	44	36	32	29	29	26	26	29	29	29	30	39	29	27	34	26	36	34	33	30	28	27	25	37			
Ave. Lgth of Stay	n/a	n/a	n/a	n/a	144	113	106	93	88	97	182	89	127	125	113	121	147	132	142	218	225	190	190	217	160	136	133	196	246	161	153	170	143	202	174	201	215	235	144	
Employed	n/a	n/a	n/a	n/a	14	12	13	12	10	10	10	3	8	6	6	2	3	4	1	2	5	7	8	9	7	9	7	3	4	3	8	5	4	5	4	13	10	7	5	
SSI/SSDI/VA	n/a	n/a	n/a	n/a	10	6	5	6	10	9	13	20	12	16	17	17	15	10	21	17	13	11	9	11	9	16	11	10	11	7	5	8	12	7	8	7	3	5	11	
School	n/a	n/a	n/a	n/a	2	3	1	1	2	1	1	2	0	0	1	1	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Average Age	n/a	n/a	n/a	n/a	32	32	32	31	34	36	36	37	35	34	36	32	35	34	36	36	39	39	43	42	42	42	45	43	41	42	41	35	41	39	39	40	42	45	43	
Ref & Inquiry Calls	n/a	n/a	n/a	n/a	127	69	61	111	106	110	107	99	97	121	142	123	119	113	119	109	125	128	129	180	256	208	257	398	550	335	315	386	311	419	436	395	284	307	419	
TLP DAYS	2,503	2,979	2,538	2,859	3,046	2,874	3,054	3,163	2,996	3,412	3,734	3,709	3,483	3,463	3,119	3,630	3,246	3,158	3,490	3,241	3,405	3,754	3,529	3,910	3,625	3,379	3,924	3,759	4,000	3,559	3,408	3,604	3,904	4,078	4,004	4,002	3,854	3,619	3,381	
TLP Cost/Day	\$39	\$36	\$43	\$40	\$31	\$36	\$32	\$33	\$39	\$34	\$32	\$33	\$38	\$39	\$43	\$38	\$46	\$51	\$49	\$54	\$54	\$51	\$55	\$58	\$64	\$69	\$59	\$62	\$62	\$68	\$70	\$65	\$66	\$65	\$67	\$66	\$75	\$80	\$85	
COMMUNITY OUTREACH PROGRAM: (beginning in FY'15, this includes participants in the TH Wellness Project)																																								
COP Participants	n/a	n/a	n/a	n/a	47	45	65	74	93	105	75	73	76	95	91	89	89	93	81	97	99	92	90	95	92	83	95	92	85	81	75	110	140	133	199	114	106	97	105	
COP Contacts	n/a	n/a	n/a	n/a	436	633	981	1,093	1,387	1,656	1,673	1,884	2,155	2,071	2,381	2,694	2,259	2,302	2,721	2,896	2,814	2,724	2,131	2,409	1,996	2,085	2,136	1,941	1,890	1,299	961	1,054	1,757	1,492	1,176	1,872	1,639	1,375	1,647	
COP Cost/Contact	n/a	n/a	n/a	n/a	\$26	\$38	\$33	\$29	\$22	\$22	\$23	\$22	\$22	\$23	\$20	\$20	\$24	\$26	\$22	\$21	\$23	\$24	\$32	\$26	\$32	\$31	\$29	\$32	\$35	\$53	\$67	\$59	\$39	\$47	\$61	\$38	\$48	\$56	\$46	
PROGRAMS OVERVIEW:																																								
Total Units of Ser.	2,503	2,979	2,538	2,859	3,482	3,507	4,035	4,256	4,383	5,068	5,407	5,593	5,638	5,534	5,500	6,324	5,505	5,460	6,211	6,137	6,219	6,478	5,660	6,319	5,621	5,464	6,060	5,700	5,890	4,858	4,369	4,658	5,661	5,570	5,180	5,874	5,493	4,994	5,028	
Overall Cost/Unit	\$39	\$36	\$43	\$40	\$30	\$36	\$32	\$32	\$29	\$28	\$28	\$28	\$30	\$31	\$33	\$29	\$37	\$39	\$37	\$39	\$40	\$40	\$48	\$46	\$52	\$55	\$48	\$52	\$54	\$64	\$70	\$63	\$58	\$60	\$66	\$57	\$67	\$73	\$72	
SERVICE HOURS:																																								
TLP: Individual	n/a	n/a	n/a	n/a	1,619	2,166	2,156	1,542	1,612	1,535	1,745	2,119	1,913	1,859	1,445	1,729	2,059	1,836	1,860	2,024	1,871	1,868	1,985	2,017	1,911	1,809	2,155	2,003	1,955	1,052	746	896	931	946	935	1,043	1,099	1,153	1,225	
Crisis Int. Hrs.	n/a	n/a	n/a	n/a	66	229	95	108	79	56	42	76	106	64	50	54	80	43	41	115	76	85	137	211	197	162	153	131	105	98	58	116	78	124	134	116	86	141	160	
TLP: Group	n/a	n/a	n/a	n/a	790	1,257	929	644	956	957	1,022	1,134	951	1,239	1,204	1,178	1,075	963	852	1,117	1,213	1,097	1,512	1,522	1,403	1,239	935	946	976	802	770	1,348	1,125	874	1,064	852	660	430	804	
COP	n/a	n/a	n/a	n/a	436	633	1,089	1,076	1,219	1,109	1,148	1,270	1,459	1,432	1,381	1,264	1,261	1,345	1,719	1,804	1,669	1,639	1,010	1,170	968	850	1,030	760	809	497	400	579	723	627	407	660	703	548	459	
Ref./Screen/Intv.																										546	432	415	371	318	286	438	512	502	354	402	346	341	415	
Non-Direct	n/a	n/a	n/a	n/a	2,935	4,116	4,400	3,812	4,330	3,427	4,191	4,195	4,426	4,310	4,218	4,951	4,336	3,973	4,430	4,999	4,740	4,604	4,230	4,324	4,880	5,249	5,015	5,111	5,297	3,668	4,201	3,424	3,724	3,306	3,176	3,353	3,325	3,492	3,285	
TOTAL HOURS:	n/a	n/a	n/a	n/a	5,780	8,172	8,574	7,074	8,115	7,027	8,106	8,718	8,749	8,840	8,248	9,122	8,731	8,117	8,861	9,944	9,492	8,506	8,735	9,033	9,162	9,694	9,566	9,233	9,407	8,792	8,897	8,959	9,501	8,268	8,000	8,629	8,820	8,757	8,571	
FINANCIAL OVERVIEW: *FY'20 Income & Expenses do not reflect Audit Adjustments																																								
Budget	115,984	122,522	117,867	117,205	108,870	126,065	130,350	136,500	141,000	157,400	160,000	167,850	181,650	183,100	183,650	187,600	197,100	210,350	228,800	237,300	240,700	259,525	274,300	295,000	300,000	303,500	284,500	287,700	329,195	\$312,400	\$301,800	\$311,300	\$322,000	\$329,000	\$337,500	\$336,300	\$386,300	\$373,100	\$370,000	
Expenses	97,468	107,403	109,160	115,569	105,755	126,778	130,677	134,094	145,466	150,587	165,559	191,584	180,608	184,427	183,668	192,327	203,321	219,351	229,783	237,077	246,291	256,389	270,084	288,817	294,887	298,537	290,208	296,630	315,772	\$310,000	\$303,767	\$295,275	\$326,427	\$334,889	\$341,135	\$332,613	\$366,601	\$364,405	\$362,194	
Income	93,758	109,909	100,193	107,079	112,384	128,789	134,171	137,781	138,689	152,358	169,898	193,656	179,251	183,600	185,654	194,917	211,692	218,209	234,892	233,069	239,254	257,735	266,796	306,703	297,082	300,706	292,068	292,709	324,866	\$312,900	\$294,451	\$304,185	\$330,412	\$328,538	\$331,343	\$325,696	\$413,953	\$412,599	\$344,177	
DMHSAS \$	90,770	90,770	90,770	90,770	90,770	112,200	112,200	112,200	112,200	112,200	112,200	120,000	120,000	120,000	120,000	120,000	120,000	130,955	122,877	124,960	147,000	147,595	177,000	177,000	177,000	171,655	171,690	169,805	\$169,973	\$169,762	\$198,220	\$215,270	\$219,395	\$218,295	\$218,460	\$264,335	\$247,945	\$235,955		
Participant Fees	731	4,330	6,411	5,040	5,995	2,921	6,390	6,125	3,800	3,912	11,089	11,588	6,484	6,806	5,562	9,124	7,763	3,140	9,738	15,877	10,132	4,846	9,824	6,001	7,256	12,746	15,071	6,031	11,996	\$9,857	\$6,131	\$6,460	\$9,461	\$6,186	\$10,746	\$9,872	\$7,243	\$2,784	\$4,916	
Donated Hrs to TH	n/a	n/a	n/a	n/a	109	1,375	1,571	261	1,226	615	1,101	1,116	1,248	1,285	1,125	1,438	1,594	1,062	833	2,010	588	631	733	1,180	968	1,107	1,119	899	966	175	595	689	1,040	728	508	441	206	112	568	
In-Kind Donations	n/a	n/a	n/a	n/a	3,086	4,380	2,340	4,350	18,150	5,950	4,532	6,530	3,381	3,175	3,757	5,666	10,918	11,865	11,124	10,438	12,115	11,935	16,997	11,924	17,715	10,811	15,692	17,396	21,179	\$10,914	\$22,140	\$11,936	\$9,588	\$8,757	\$30,789	\$19,609	\$5,910	\$5,155	\$9,600	

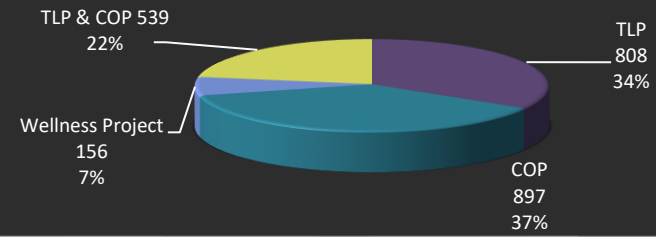


Participation Overview

TH Program Participation FY'22
Total Unduplicated People Served = 121



TH Program Participation FY'82 - '22
Total Unduplicated Served = 1,322



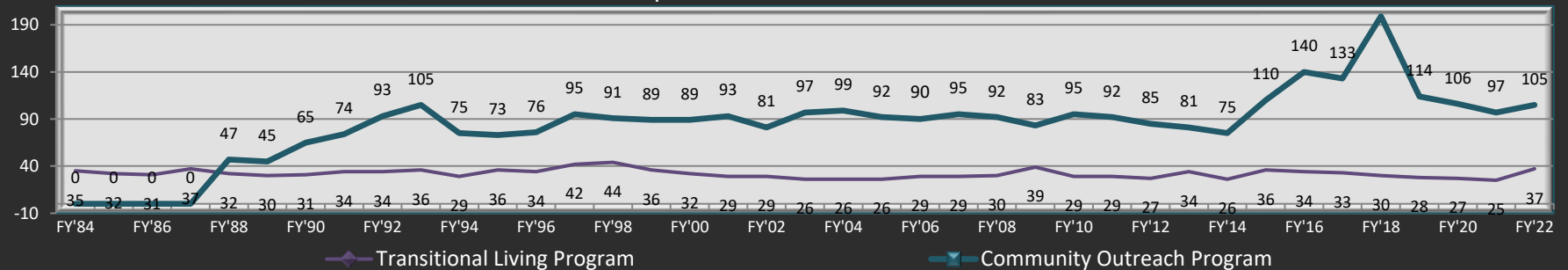
PEOPLE SERVED:

	FY '22	FY '82 -'22	FY '88 -'22	FY'15-'22
Total People Served - TLP, COP, Wellness Project	121	1322		
Total (unduplicated) - TLP & COP	114	1166		
New Unduplicated - TLP & COP	33			
Transitional Living Program - TLP (unduplicated)	37	808		
New in Transitional Living Program	26			
Participants in both Transitional Living and Community Outreach Program	21	539		
% of Transitional Living clients who participated in Community Outreach	54%	67%		
Community Outreach Program - COP (Total)	98		897	
New in Community Outreach Program	28			
% of Community Outreach clients who participated in Transitional Living	90%		60%	
Duplicates Between Structured Activities Clients and Drop-In Clients	30			
Community Outreach Program: Structured Activities Clients	30			
Community Outreach Program: Drop-In Clients	98			
TH Wellness Project - (Total)	7			156
New in the TH Wellness Project	3			
Community Members	7			43
University Students	0			113



Our Focus
Common Goals...
Creating Joy and Connections
that Empower our Best Lives.

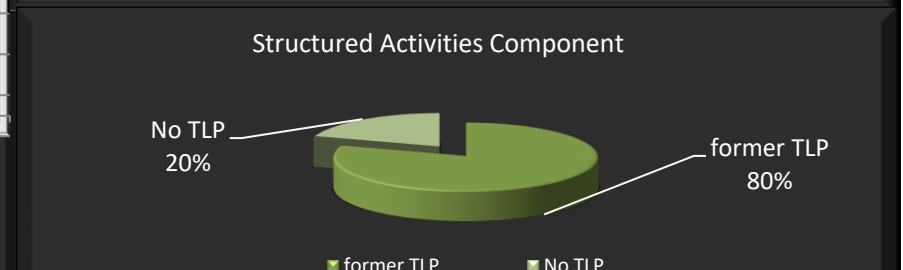
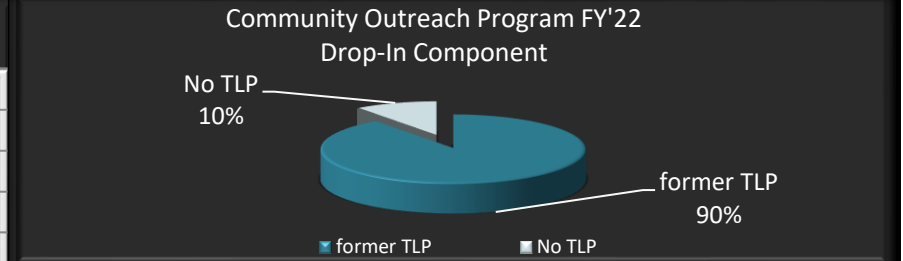
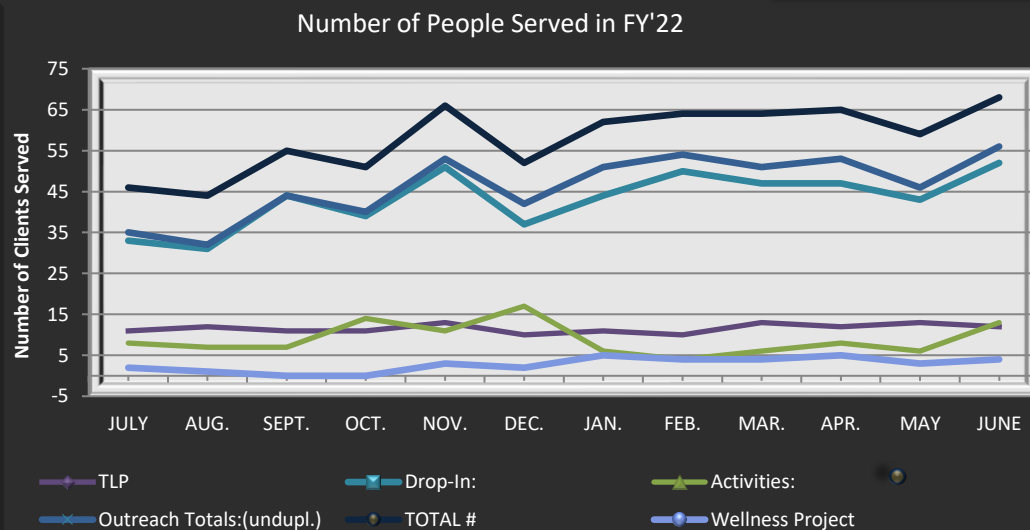
People Served FY'84 - '22



Participation Overview

FY '22	TLP		COP												TOTAL # of People
	# of TLP	# of TLP	Drop-In:			Activities:			Wellness Project:			Outreach Totals:(undupl.)			
	Days	People	Contacts	People	Hours	Contacts	People	Hours	Contacts	People	Hours	Contacts	People	Hours	
JULY	301	11	116	33	24	23	8	9	2	2	1	119	35	33	46
AUG.	312	12	109	31	24	17	7	10	1	1	1	113	32	35	44
SEPT.	264	11	135	44	48	19	7	10	0	0	0	137	44	58	55
OCT.	301	11	84	39	20	24	14	9	0	0	0	97	40	29	51
NOV.	287	13	145	51	24	29	11	29	5	3	3	151	53	56	66
DEC.	247	10	96	37	16	26	17	15	2	2	1	114	42	32	52
JAN.	250	11	93	44	22	13	6	5	8	5	3	110	51	29	62
FEB.	226	10	160	50	17	4	4	7	4	4	1	167	54	25	64
MAR.	259	13	153	47	32	13	6	6	4	4	2	162	51	40	64
APR.	291	12	138	47	28	12	8	5	7	5	2	152	53	35	65
MAY	309	13	141	43	31	11	6	12	5	3	3	147	46	46	59
JUNE	334	12	169	52	24	22	13	20	4	4	2	178	56	45	68
Annual Total:	3,381	37	1,539	98	307	213	30	135	42	7	18	1,647	105	459	121
Monthly Average:	282	12	128	43	26	18	9	11	4	3	2	137	46	38	58

Com. Outreach	former TLP	No TLP	% former TLP
Drop-In Comp.	98	88	90%
Structured Act.	30	24	80%

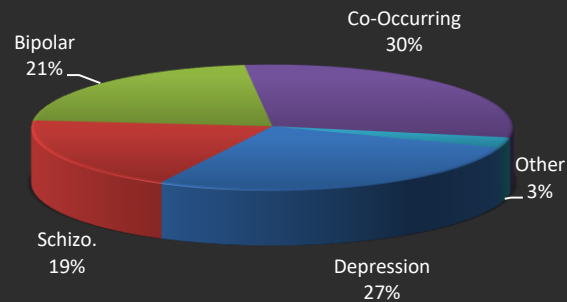


TLP Outcomes and Demographics

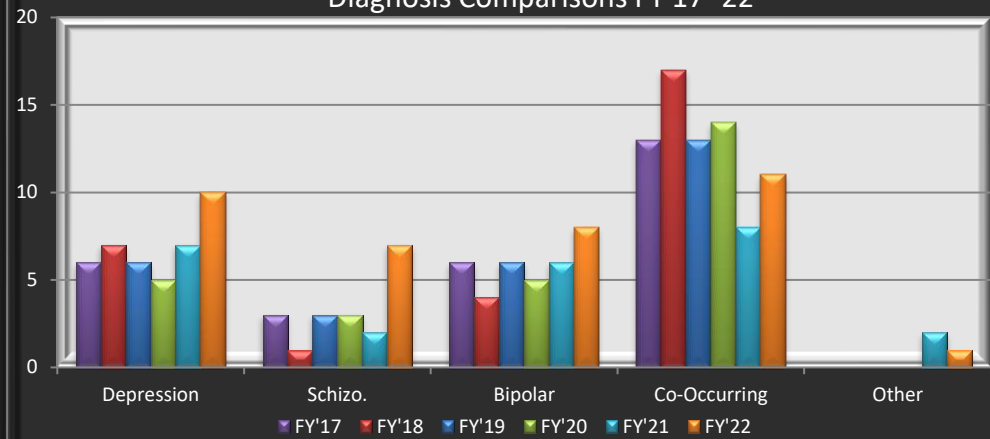
Client	Age	Marital Status	Educ	Mt Ser	Gender	Race	Health Issues	Entry Diagnosis	Length of Stay	Tobacco	Drugs of Choice	Age First Used	# Prior Hosp	Referral Source	Arrest past year	Arrest / Incarcerated	Program Status	Housing Ass't after TL	Linked to Safe/Affordable Housing	Entry Benefits	Current/ Exit Benefits	Entry Emp	Current/ Exit Emp	Est. Annual Income - Entry	Est. Annual Income - Exit/Crt
1		D	16	Yes	M	W	N	Bipolar	37	Yes	AL, MJ	12	2	GMH	0	Public Intox	did not complete	No	No	FS	FS	None	None	\$0	\$0
2		NM	12	No	F	W	N	Bipolar1 Panic disorder, Alcohol abuse	207	Yes	Meth, AL	14	3	12&12	2	Drug related; Child neglect	did not complete	No	No	FS	FS	None	None	\$0	\$0
3		D	12	No	M	W	Y	Depressive DO, Anxiety	85	Yes	Meth, Mj	13	0	COCMHC	0	DWI	did not complete	No	No	FS	FS	None	None	\$0	\$0
4		NM	13	No	M	W	Y	CO: Dep., PTSD, TBI, ADHD, Cannabis use DO, Alcohol DO	294	Yes	MJ, Meth, AL	20	1	COCMHC	0	None	did not complete	No	Yes	None	FS	None	None	\$0	\$0
5		D	12	No	M	W	Y	Depression	293	Yes	MJ, Cocaine	16	2	GMH	0	Assault/Battery	complete	No	Yes	None	FS	None	FTE	\$0	\$32,000
6		NM	12	No	M	W	Y	Depressive DO, Anxiety	505	Yes	AL, Rx drugs	20	0	COCMHC	0	None	complete	Yes	Yes	FS	FS,SSI	None	None	\$0	\$9,660
7		S	12	No	F	W	Y	Bipolar	400	Yes	Meth, AL	13	2	COCMHC	0	maintaining a dwelling CDS	complete	Yes	Yes	FS	FS	None	FTE	\$0	\$20,800
8		D	12	No	M	W	Y	Bipolar	594	Yes	AL	30	2	COCMHC	0	DWI	complete	Yes	Yes	None	FS	None	None	\$0	\$0
9		NM	12	No	M	B	N	Disorganized Schizophrenia	51	Yes	AL, Meth	16	1	COCMHC	0	Drug related	did not complete	No	No	None	FS	None	None	\$0	\$0
10		NM	11	No	F	W	Y	Schizoaffective DO Bipolar type , PTSD	148	Yes	Meth, Herion	20	1	COCMHC	0	None	did not complete	No	No	FS SSDI	FS	None	None	\$8,424	\$8,424
11		D	14	No	F	H	Y	Server Depression, Bipolar 1 DO, Cocaine Abuse	16	Yes	Cocaine	19	15	GMH	0	Drug related	did not complete	No	No	FS SSDI	FS SSDI	None	None	\$11,472	\$11,472
12		NM	11	No	M	W	Y	Bipolar DO mixed w psychotic features, Anxiety DO	84	Yes	AL, MJ	15	5	NRH	0	none	complete	No	Yes	SSDI FS	FS SSDI	None	None	\$9,780	\$9,780
13		D	11	No	M	W	Y	Schizoaffective DO Amphetamine use in remission	119	Yes	Amphetamine	15	1	COCMHC	0	Drug Related	complete	No	Yes	SSDI FS	SSDI FS	None	None	\$14,124	\$14,124
14		NM	7	No	M	B	N	Schizoaffective DO, Anxiety DO	91	Yes	ALAmphetamine	15	5	COCMHC/Drug Court	0	Drug Related	complete	No	Yes	FS	None	None	FTE	\$0	\$16,000
15		S	12	No	M	W	N	Bipolar DO Mixed Alcohol Dependence	56	Yes	AL	16	1	COCMHC	0	None	did not complete	No	Yes	None	FS	None	None	\$0	\$0
16		NM	12	Yes	M	W	Y	Bipolar unspecified, General Anxiety	168	Yes	Herion,Meth	23	1	COCMHC	1	Drug related	did not complete	No	No	None	FS	PTE	None	\$16,100	\$0
17		NM	12	No	F	W	N	Schizoaffective DO BP Type	149	Yes	MJ, Meth	17	5	COCMHC	0	Terrorism hoax	did not complete	No	No	None	FS	None	None	\$0	\$0
18		D	12	No	M	NA	Y	Major Depressive DO, Generalized Andtiety	71	Yes	AL, MJ	15	6	NRH	0	None	did not complete	No	No	SSI	SSI FS	None	None	\$8,400	\$8,400
19		NM	12	No	M	W	Y	PTSD, Major Depressive DO	57	Yes	MJ	16	1	COCMHC	0	None	did not complete	No	Yes	None	FS	None	None	\$0	\$0
20		NM	8	No	M	W	N	PsychoticDO, Substance induced	3	Yes	MJ, Meth	16	5	GMH	1	Drug Related	did not complete	No	No	None	FS	None	None	\$0	\$0
21		W	9	No	F	W	Y	Schizoaffective DO Bipolar type recent episod depressed Gen Anxiety	30	Yes	Amphetamine, MJ	17	3	NRH	0	Trespassing	did not complete	No	Yes	SSDI FS	SSDI FS	None	None	\$9,600	\$9,600
22		NM	9	No	M	W	N	Schizophrenic & depression	82	Yes	MJ, Meth	17	4	RRBH	1	Assault/Battery	did not complete	No	No	None	FS	None	None	\$0	\$0
23		D	12	No	M	W	Y	Schizoaffective DO BP type Depression w/ suicidal ideations	7	Yes	Meth	21	5	GMH	0	None	complete	No	Yes	FS/SSI	FS/SSI	None	None	\$10,152	\$10,152
24		NM	13	No	F	W	Y	Major Depressive DO w/o psychotic features, Anorexia Nervosa	15	Yes	none		2	NRH	0	None	did not complete	No	Yes	FS	FS	None	None	\$0	\$0
25		M	12	No	M	NA	Y	Major depressive DO, PTSD	43	Yes	AL MJ	8	3	COCMHC	0	Drug Related	did not complete	No	No	SSDI/ FS	SSDI FS	None	None	\$10,812	\$10,812
26		NM	12	No	M	B	Y	Depression	N/A	No	MJ	20	1	GMH	0	None	Present at year end	N/A	N/A	None	FS	None	None	\$0	\$0
27		NM	12	No	M	W	N	PsychoticDO	N/A	No	MJ	15	1	GMH	0	None	Present at year end	N/A	N/A	None	FS	None	None	\$0	\$0
28		NM	12	No	F	W	N	Bipolar 1 Do, Generalized Anxiety	N/A	Yes	MJ, Meth, Herion	12	10	GA	0	None	Present at year end	N/A	N/A	SSI	SSDI FS	None	PTE	\$16,116	\$20,000
29		NM	12	No	M	Multi	N	Severe Major Depression, PTSD	N/A	No	AL,MJ	16	5	GMH	0	None	Present at year end	NA	N/A	FS	FS	None	None	\$0	\$0
30		D	14	Yes	M	NA	Y	Major Depression with psychotic features	N/A	No	AL, Meth	16	10	GMH	0	Drug Related	Present at year end	N/A	N/A	FS	FS	None	PTE	\$0	\$23,920
31		S	12	No	M	W	N	Generalized Anxiety DO, Moderate Alcohol dependence	N/A	No	AL,MJ, cocaine	16	2	COCMHC	1	Drug Related	Present at year end	N/A	N/A	FS	FS	None	None	\$0	\$0
32		S	12	No	F	W	Y	Major depressive DO severe w/o psycotic features, PTSD	N/A	Yes	none		10	SSMBH	0	None	Present at year end	N/A	N/A	SSDI FS	SSDI FS	None	None	\$10,800	\$10,800
33		NM	13	No	M	W	N	Schizoid Personality DO, Alcohol Abuse	N/A	Yes	AL	14	0	COCMHC	1	Trespassing	Present at year end	N/A	N/A	FS	FS	None	None	\$0	\$0
34		D	12	No	M	W	Y	Severe Recurrent Major Depression, Severe Alcohol Dependence	N/A	Yes	AL	16	2	GMH	0	Alcohol Related	Present at year end	N/A	N/A	FS	FS	None	None	\$0	\$0
35		NM	12	No	M	W	Y	Schizophrenia Spectrum Other Psychotic DO Alcohol Abuse	N/A	Yes	AL	42	6	COCMHC	0	None	Present at year end	N/A	N/A	FS	FS	None	None	\$0	\$0
36		D	12	No	F	NA	Y	Mixed Bipolar 1DO	N/A	Yes	AL	16	10	GMH	0	None	Present at year end	N/A	N/A	None	FS	None	None	\$0	\$0
37		W	12	No	M	W	Y	Bipolar II Disorder	N/A	No	none		1	GMH	0	None	Present at year end	N/A	N/A	SSDI	SSDI	None	None	\$16,800	\$16,800
Total	Ave								Ave			Ave	Ave											Ave	Ave
37	43	NM:19	12	Mill Ser: 3	F: 10	W: 28	Y: 24	Co-Occurring DO = 11	144	Y: 31	History of Substance &/or Alcohol Abuse: 34	17	4	COCMHC=17	Y: 6 / 16%	Y= 20 / 54%	TLP Completion: 8	N=22	N = 12	Food Stp=21	Food Stp=35	Emp=1	Emp=5	\$3,854	\$6,290
		Div:11		M:27	NA: 4	B: 3	N: 13	(Diagnostic Impr of CO = +14)	days	N: 6				GMH=12	N: 31	N=17	Did not Complete: 17	Y=3	Y=13	SS(DI)=11 / 30%	SS(DI)=11 / 30%	No=36	No=32		
		Sep: 4						Bipolar = 8						Crisis Ctr= 1			In TLP at FY end: 12	N/A=12	N/A=12	None=13	None=1	3%	14%		
		M: 1				Mul: 1	65%	Depression = 10			92%			Other Treatment Ctr = 3								Emp	Emp	Had Inc.	Had Inc.
		W: 2						Schizo = 7 Psychotic DO = 1						NRHS=4											

TLP Diagnoses and Challenges

Client Overview by Diagnosis FY'22



Diagnosis Comparisons FY'17-'22



Though every client in the TLP has a diagnosis of a severe mental illness, the challenges the clients face are often much more. Here are some of the other issues clients in the Transitional Living Program (TLP) are facing while working towards their recovery. Of the 37 clients:

- 92% have a history of Substance and/or Alcohol Abuse and/or Addiction
- 32% of those with a history of substance abuse/addiction began drinking and/or using at age 15 or younger - 11% began at age 13 or younger
- 54% were referred from in-patient care/crisis center prior to entering the TLP
- 65% have health problems
- 54% have/had a history of legal issues - arrests, incarceration, etc.
- 16% had been arrested within 12 months prior to entering the TLP
- 30% had SS(D)I benefits prior to beginning the TLP
- 97% were unemployed upon entering the TLP
- 68% had no income upon entry into the TLP. **Ave. entry income=\$3,854/year** (income reflected was based on a projected annual earning but did not necessarily reflect actual earning for that year)
- 97% were homeless or staying in a temporary housing situation prior to TLP

The above summarizes some of the many challenges people face as they begin their recovery journey. What is not reflected is the often overwhelming sense of shame and unworthiness many feel... so overwhelming at times they believed ending their life was their only way to end their pain. Our People tell us they need time to find their path to recovery, heal from significant trauma, and restore their lives. At TH, people are provided a with a safe space, diverse support, accountability, and time to help them advance their well-being in a meaningful manner. Whether small steps or major achievements, each person is listened to, respected, supported, empowered, and valued. For many, this means hope for a better life and a sense of joy that they believed had been lost forever.



Working Together...

Giving Time for Healing...
 Listening, Supporting, Encouraging...
 Inspiring Worthiness, Hope, Fun, and Joy...
 Accepting Diversity of Needs with Kindness and Respect.
 Transition House Works to Honor Each Person's Unique Recovery Journey.

COP Overview

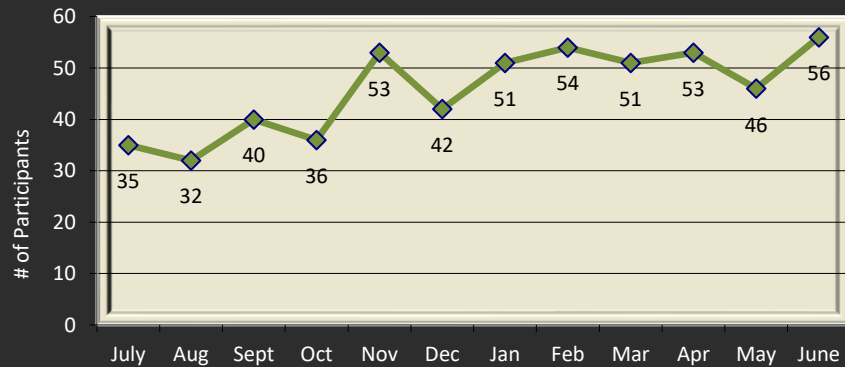
# of Participants	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Total:	Average
Supportive Counseling	5	5	0	3	2	0	1	4	1	1	2	0	24	2
Crisis Intervention	3	3	1	1	1	0	0	0	2	2	1	1	15	1
Grocery Shopping	4	5	6	0	5	6	4	4	3	5	2	2	46	4
Community Living Support	9	11	6	16	11	6	4	9	11	12	9	6	110	9
Social/Rec. Contact	26	25	34	28	50	37	38	46	42	40	37	50	453	38
Grocery/Social	1	0	1	5	0	0	0	0	0	1	4	4	16	1
Grocery/Com Living	2	0	0	0	0	0	0	0	0	0	1	0	3	0
Wellness Project	2	1	0	4	3	2	4	4	4	5	3	4	36	3
Total:	35	32	40	36	53	42	51	54	51	53	46	56	105	46

# of Contacts	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Total:	Average
Supportive Counseling	12	5	0	7	2	0	1	4	1	1	2	0	35	3
Crisis Intervention	4	3	1	1	1	0	0	0	2	2	1	1	16	1
Grocery Shopping	13	12	16	0	12	12	12	4	4	9	2	3	99	8
Community Living Support	23	27	7	34	14	7	5	20	13	22	16	10	198	17
Social/Rec. Contact	62	65	72	51	118	93	84	135	138	110	111	150	1,189	99
Grocery/Social	1	0	1	6	0	0	0	0	0	1	9	10	28	2
Grocery/Com Living	2	0	0	0	0	0	0	0	0	0	1	0	3	0
Wellness Project	2	1	0	4	4	2	8	4	4	7	5	4	45	4
Total:	119	113	97	103	151	114	110	167	162	152	147	178	1,613	134

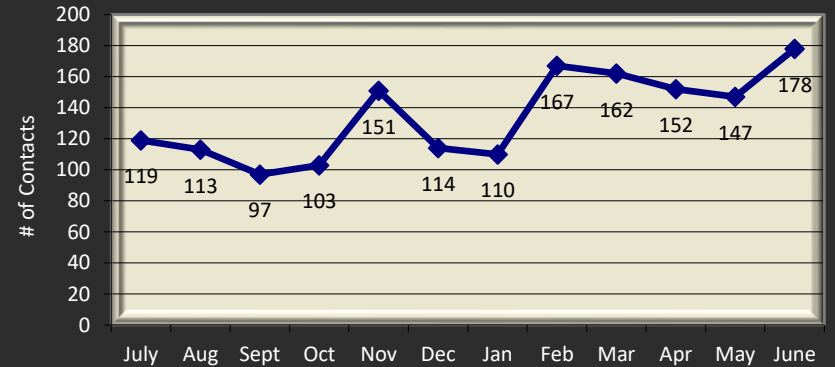
COP Activities Participants: **30** COP Drop-In Participants: **98** People participating in both components: **30**

TH Wellness Project Participants: **7** Total Unduplicated: **105**

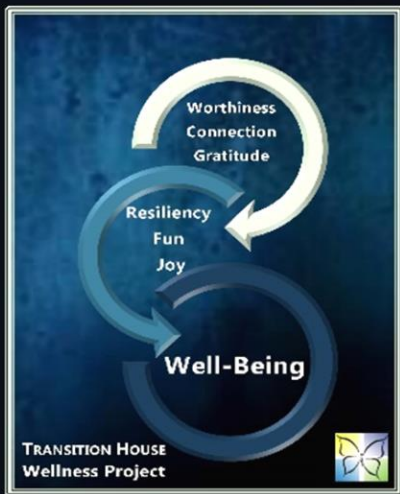
COP FY'22: # of Participants



COP FY'22: # of Contacts



Wellness Project

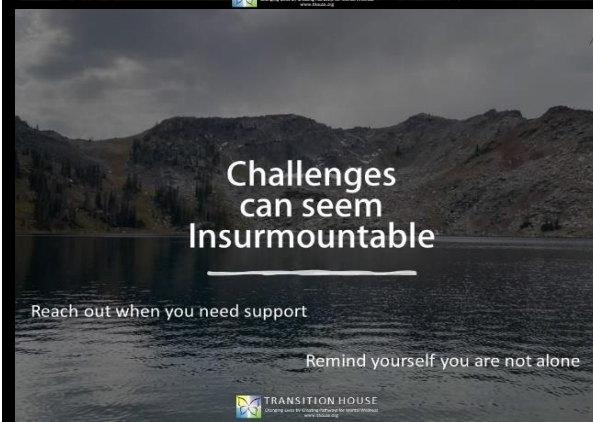
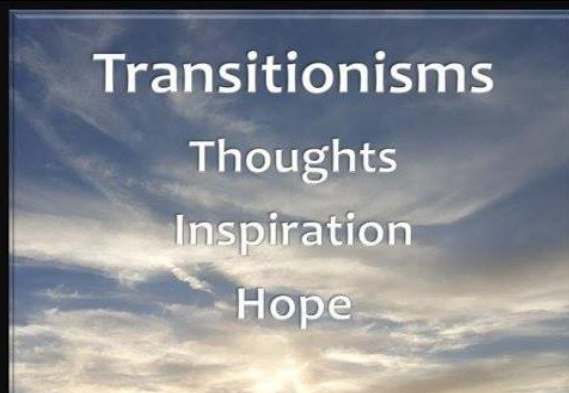
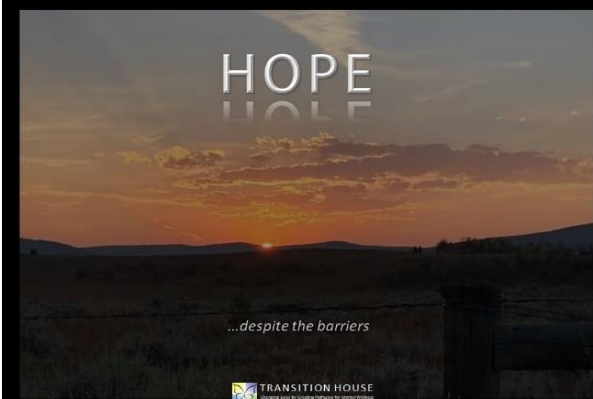


Since 2015, TH's Wellness Project continues to provide opportunities for community members and university students to receive support and thoughts on ways to improve personal wellness.

In addition to the Wellness gatherings, TH has provided support to OU students seeking some extra support during challenging times. This past year, we did not have any students use this resource, however we remain available if we can assist students in this manner.

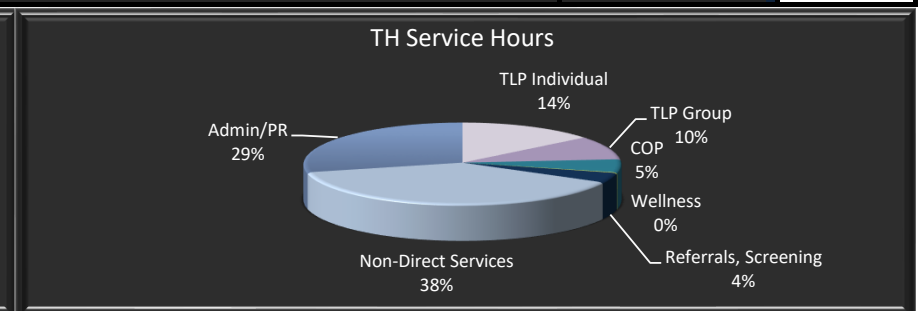
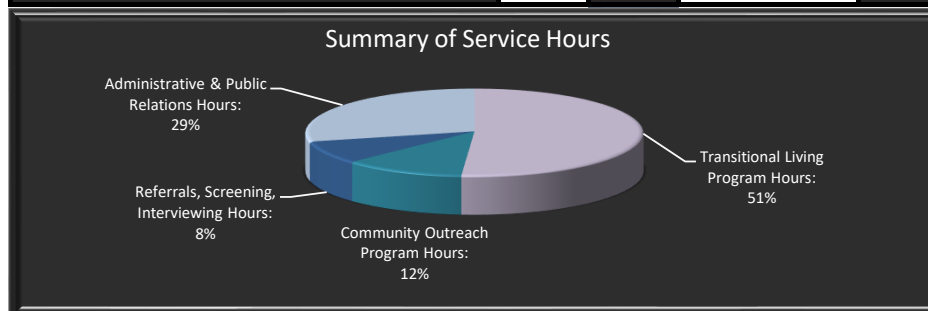
Transitionisms continue to be an important part of the services offered. These messages of hope, reflection, inspiration, etc., are shared on social media 5-7 days/week and allow all connected with TH on social media the opportunity to receive routine wellness moments throughout their week. These are routinely shared on Instagram, Twitter, Facebook and LinkedIn as posts. At the end of FY'22, we began sharing these in story links as well with Facebook and Instagram - expanding opportunities for these to be viewed.

During a time when so many messages that are seen on social media are not focused on hope and well-being, Transition House remains committed to providing messages that inspire and empower hope and well-being.



Monthly Report Summary

FY'22	July'21	Aug'21	Sept'21	Oct'21	Nov'21	Dec'21	Jan'22	Feb'22	Mar'22	Apr'22	May'22	Jun'22	TOTAL:	Monthly Ave
Total Hours Of Direct Client Services:	219	225	266	218	270	245	204	154	237	209	291	283.5	2,820	235
Individual Basis (total hours):	141	139	102	89	111	106	88	54	86	84	120	106.5	1,225	102
Daily Living:	72	65	51	55	59	52	46	38	51	51	61	62.5	661	55
Pre-voc./Vocational:	1	0	2	0	0	0	0	2	1	2	1	7.5	15	1
Social Skills:	22	12	6	11	9	5	5	6	13	11	32	22	152	13
Crisis Intervention:	7	13	18	8	27	13	24	5	13	14	12	8	160	13
Treatment/Rehab. Plans:	8	17	0	0	3	16	0	3	10	6	16	6	83	7
Supportive Counseling:	33	32	27	15	14	21	14	1	0	0	0	0.5	155	13
Group Basis (total hours):	16	25	71	72	68	79	57	51	74	68	114	110.5	804	67
Daily Living:	12	18	39	36	34	26	36	38	58	39	83	74.5	492	41
Pre-Vocational/Vocational:	0	1	6	15	14	25	7	0	0	0	0	1	68	6
Social Skills:	4	6	27	21	21	28	14	13	17	29	31	35	244	20
Com. Outreach Program (total hours):	33	35	58	29	56	32	29	25	40	35	46	45	459	38
Structured Activities:	9	10	10	9	29	15	5	7	6	5	12	19.5	135	11
Drop-In:	24	24	48	20	24	16	22	17	32	28	31	23.5	307	26
Community Wellness Project:	1	1	0	0	3	1	3	1	2	2	3	2	18	2
Student Wellness Project:	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Referrals, Screening, Interviewing (total hrs):	29	27	36	29	36	29	31	24	38	23	12	21.5	333	28
Total Hours Of Non-Direct Client Services:	197	256	267	345	337	302	249	230	259	231	344	270.5	3,285	274
Consultation:	99	126	115	167	186	133	142	113	148	134	143	176.5	1,680	140
Documentation & Activity Prep:	89	98	132	160	146	138	98	93	103	93	91	48.5	1,286	107
Training:	9	33	21	18	6	32	9	25	8	4	111	45.5	319	27
Total Hours Of Administrative/PR Work:	192	181	208	196	188	172	186	216	201	194	254	281	2,466	206
Meetings:	33	21	30	32	34	30	10	20	30	24	30	18.5	309	26
Community Contacts:	19	22	32	21	17	17	19	15	17	13	22	19	229	19
Administrative Duties:	141	139	146	144	137	126	157	182	155	158	203	243.5	1,929	161
Screening For TL Program:					126									
Total #of Inquiries Received:	36	24	28	36	28	28	45	29	56	36	30	39	415	35
Total #of Referrals Received:	8	8	11	7	12	3	16	18	9	10	7	9	118	10
Total # Interviewed For Admission:	2	6	6	4	3	5	3	5	11	5	5	2	57	5
Total # Accepted:	2	2	2	2	3	2	4	3	4	2	4	1	31	3
Donations to T.H.:														
Volunteer Hours:	20	10	156	52	73	41	25	32	73	67	15	7	568	47
In-Kind Donations Total Value:	\$400	\$500	\$600	\$600	\$800	\$750	\$1,600	\$600	\$750	\$900	\$1,250	\$850	\$9,600	\$800
Total Service Hours:	8,571													
			Hours includes direct service & proportionate time from non-direct service hours:											
Transitional Living Program Hours:	2,028	72%	(Total Non-Direct Client Services Hours:) 3,285										% of Time Spent in Each Area:	
Community Outreach Program Hours:	459	16%											51.23%	
Referrals, Screening, Interviewing Hours:	333	12%											11.60%	
Administrative & Public Relations Hours:	2,466												8.40%	
													28.77%	

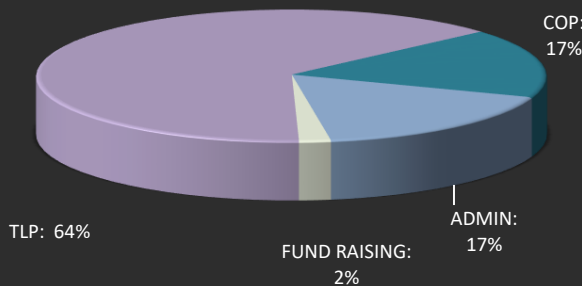


Financials

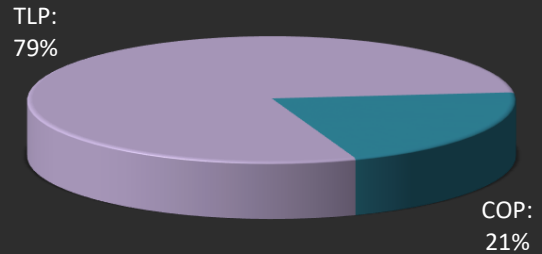
	Actual Total:	Budgeted Total:	Variance:
INCOME:	\$344,176.62	\$370,000.00	-\$25,823.38
EXPENDITURES:	\$362,193.77	\$370,000.00	-\$7,806.23
DIFFERENCE:	-\$18,017.15	\$0.00	-\$18,017.15
ADMINISTRATIVE:	\$61,572.94		\$68,816.82
FUND RAISING:	\$7,243.88		
TRANSITIONAL LIVING (TLP):	\$231,804.01		\$293,376.95
COMMUNITY OUTREACH (COP):	\$61,572.94		
	PROGRAM COSTS:	ADMIN & F.R.:	COMBINED:
Transitional Living:	\$231,804.01	\$54,373.78	\$286,177.79
Community Outreach:	\$61,572.94	\$14,443.04	\$76,015.98
	SERVICE COST:		FY '22 SERVICE TOTAL:
Transitional Living:	\$84.64 per day of service		Actual Days = 3,381
Community Outreach:	\$46.15 per contact		Contacts = 1,647

* Figures used in this report came from Transition House, Inc.'s year end financial statement.

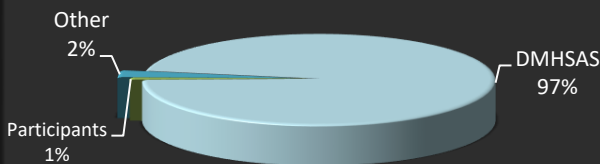
FY'22 Expenditures



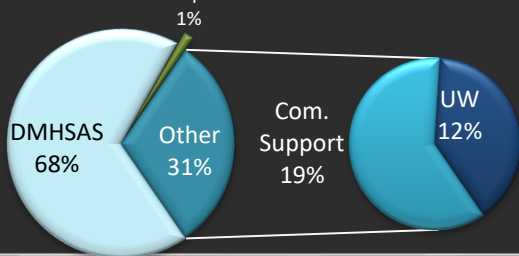
Program Cost Comparison



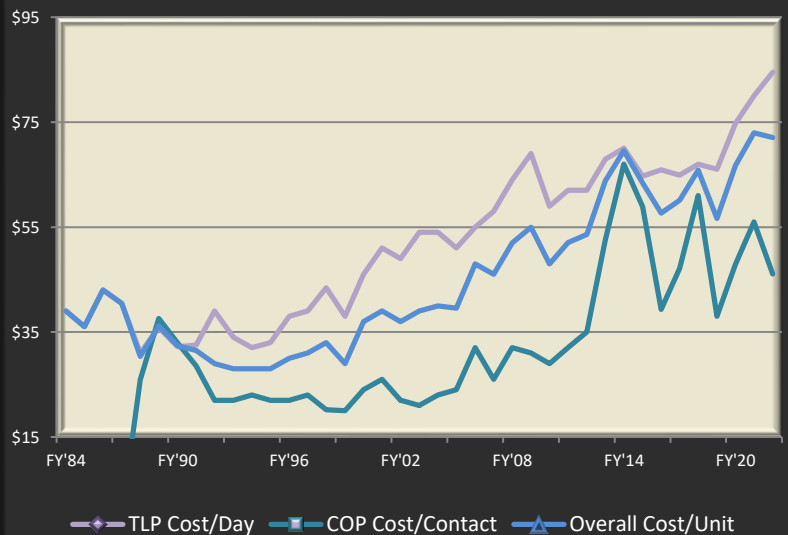
Income Sources Comparison FY'84



Income Sources Comparison FY'22



Program Costs - FY'84-'22



Funding Sources Include: DMHSAS, United Way of Norman, Norman's Social & Voluntary Services Commission, OEC Foundation, Donations through Businesses & Individuals, Client Fees

Financials

TH INCOME:		Admin:	FR:	TL:	COP:	Total:	Year to Date Report FY'22	Budget FY'22	\$ Over Budget	% of Budget
Contributions	280.75	47.73	5.62	47.73	179.68	280.75	280.75	100.00	136.40	263.67%
United Way/Norman	42,500.00	7,225.00	850.00	13,365.00	21,060.00	42,500.00	42,500.00	42,500.00	0.04	100.00%
Fund Raising									0.00	0.00%
Fund Raising Exp.	2,500.00						(2,621.66)	(2,500.00)	(121.66)	104.87%
Fund Raising Inc.	20,300.00						15,205.71	20,300.00	(5,094.29)	74.91%
FR Events - Total	12,584.05	2,139.29	251.68	5,614.04	4,579.04	12,584.05	12,584.05	17,800.00	(5,215.95)	70.70%
DMHSAS										
Unreimbursed services	0.00								0.00	0.00%
**ODMHSAS contract-billed	0.00								0.00	0.00%
DMHSAS	235,954.99	40,112.35	4,719.10	165,168.49	25,955.05	235,954.99	235,954.99	269,700.00	(33,745.01)	87.49%
Other Gov. Grants	7,323.24	1,244.95	146.46	4,686.87	1,244.95	7,323.24	7,323.24	2,000.00	5,323.24	366.16%
Foundation Grants	10,000.00	1,700.00	200.00	6,400.00	1,700.00	10,000.00	10,000.00	10,000.00	0.00	100.00%
Civic Clubs Donations/Grants	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1,000.00	(1,000.00)	0.00%
Donor Drive	29,934.15	5,088.81	598.68	19,157.86	5,088.81	29,934.15	29,934.15	19,000.00	10,934.15	157.55%
Client/Participant Fees	4,916.00	835.72	98.32	3,981.96	0.00	4,916.00	4,916.00	7,600.00	(2,684.00)	64.68%
Interest	476.74	81.05	9.53	81.05	305.11	476.74	476.74	300.00	176.74	158.91%
Miscellaneous	206.70	35.14	4.13	0.00	167.43	206.70	206.70	0.00	206.70	100.00%
TOTAL	344,176.62	58,510.03	6,883.53	218,503.00	60,280.06	344,176.62	344,176.62	370,000.00	(25,823.38)	93.02%
TH EXPENSES:										
Salaries	203,554.00	34,604.18	4,071.08	130,274.56	34,604.18	203,554.00	203,554.00	207,920.00	(4,366.00)	97.90%
Employees Health, Dental, Life Ins.	28,037.04	4,766.30	560.74	17,943.71	4,766.30	28,037.04	28,037.04	31,000.00	(2,962.96)	90.44%
Worker's Comp.	5,221.00	887.57	104.42	3,341.44	887.57	5,221.00	5,221.00	5,300.00	(79.00)	98.51%
FICA/Pay.Tax/OES	21,296.60	3,620.42	425.93	13,629.82	3,620.42	21,296.60	21,296.60	19,000.00	2,296.60	112.09%
Legal/Accounting	11,775.00	2,001.75	235.50	7,536.00	2,001.75	11,775.00	11,775.00	6,500.00	5,275.00	181.15%
Office Supplies (+ air purifiers)	3,861.51	656.46	77.23	2,471.37	656.46	3,861.51	3,861.51	1,500.00	2,361.51	257.43%
Telephone/Internet/Website	3,623.85	616.05	72.48	2,319.26	616.05	3,623.85	3,623.85	5,000.00	(1,376.15)	72.48%
Postage	125.96	21.41	2.52	80.61	21.41	125.96	125.96	400.00	(274.04)	31.49%
Rent	45,600.00	7,752.00	912.00	29,184.00	7,752.00	45,600.00	45,600.00	45,600.00	0.00	100.00%
Utilities	11,284.84	1,918.42	225.70	7,222.30	1,918.42	11,284.84	11,284.84	12,000.00	(715.16)	94.04%
Household	2,092.48	355.72	41.85	1,339.19	355.72	2,092.48	2,092.48	2,400.00	(307.52)	87.19%
Maint/Rep-Property	1,658.99	282.03	33.18	1,061.75	282.03	1,658.99	1,658.99	1,000.00	658.99	165.90%
Maint/Rep-Equipment	4,756.51	808.61	95.13	3,044.17	808.61	4,756.51	4,756.51	5,000.00	(243.49)	95.13%
Training/Development	966.49	164.30	19.33	618.55	164.30	966.49	966.49	4,000.00	(3,033.51)	24.16%
Food	1,561.26	265.41	31.23	999.21	265.41	1,561.26	1,561.26	2,000.00	(438.74)	78.06%
Client Supplies/Activities	6,917.85	1,176.03	138.36	4,427.42	1,176.03	6,917.85	6,917.85	9,200.00	(2,282.15)	75.19%
Streaming Services	289.76	49.26	5.80	185.45	49.26	289.76	289.76	100.00	189.76	289.76%
Vehicle - Gas	841.28	143.02	16.83	538.42	143.02	841.28	841.28	1,400.00	(558.72)	60.09%
Vehicle - Maint/Repair	1,033.35	175.67	20.67	661.34	175.67	1,033.35	1,033.35	2,000.00	(966.65)	51.67%
Vehicle- Insurance/Tag	2,437.00	414.29	48.74	1,559.68	414.29	2,437.00	2,437.00	2,800.00	(363.00)	87.04%
Dues & Subscriptions	140.00	23.80	2.80	89.60	23.80	140.00	140.00	500.00	(360.00)	28.00%
Advertising	0.00	0.00	0.00	0.00	0.00	0.00	0.00	80.00	(80.00)	0.00%
General/Prof Liability	3,116.00	529.72	62.32	1,994.24	529.72	3,116.00	3,116.00	3,200.00	(84.00)	97.38%
Dir./Officers Liability	2,003.00	340.51	40.06	1,281.92	340.51	2,003.00	2,003.00	2,100.00	(97.00)	95.38%
Other Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00%
TOTAL	362,193.77	61,572.94	7,243.88	231,804.01	61,572.94	362,193.77	362,193.77	370,000.00	(7,806.23)	97.89%
Dif. Between Inc vs Exp:	(18,017.15)	(3,062.92)	(360.34)	(13,301.01)	(1,292.88)	(18,017.15)	(18,017.15)	0.00	(18,017.15)	100.00%
Overall Program %		17%	2%	64%	17%	100%				

Financials

TRENARY CPA FIRM, P.L.L.C.

Certified Public Accountants, 3222 SW 119th St, Oklahoma City, OK 73170

ACCOUNTANT'S FINANCIAL REPORT

To the Board of Directors Transition House, Inc. Norman, Oklahoma

Transition House has hired me to prepare financial reports for management use in their decision making. I did not audit or review the financial statements nor was I required to perform any procedures to verify the accuracy or completeness of the information provided by management. Accordingly, I do not express an opinion, or a conclusion, nor provide any form of assurance on these financial statements. The reports attached to this letter cover the twelve months ended June 30, 2022.

TRENARY CPA FIRM, P.L.L.C.
OKLAHOMA CITY, OKLAHOMA
TRENARY CPA FIRM, P.L.L.C.

July 20, 2022 Original Financials
 No assurance is provided on these financial statements.

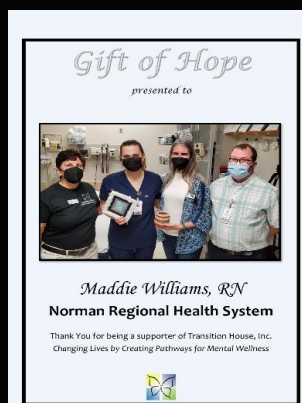
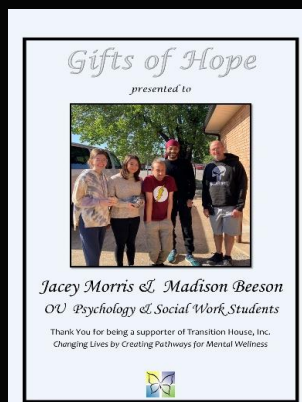
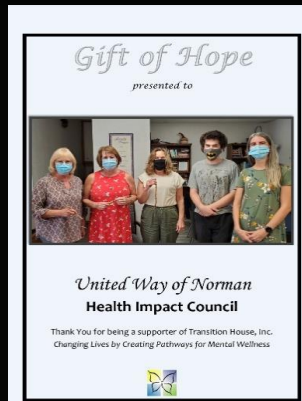
8/18/2022 Revised for Audit entries through 6/30/2021

TRANSITION HOUSE, INC.

Balance Sheet Previous Year Comparison As of June 30, 2022

	June 30, 2022	June 30, 2021	\$ Change	% Change
ASSETS				
Current Assets				
Checking/Savings				
1012 · Armstrong Checking	77,843.35	97,491.79	-19,648.44	-20.15%
Total Checking/Savings	77,843.35	97,491.79	-19,648.44	-20.15%
Other Current Assets				
1055 · OKDMH contract receivable	18,479.98	16,279.99	2,199.99	13.51%
1060 · Prepaid insurance	8,375.10	8,375.10	0.00	0.00%
1075 · Pledges receivable - JBJ	500.00	500.00	0.00	0.00%
Total Other Current Assets	27,355.08	25,155.09	2,199.99	8.75%
Total Current Assets	105,198.43	122,646.88	-17,448.45	-14.23%
Fixed Assets				
1120 · Furniture & equipment	25,794.39	25,794.39	0.00	0.00%
1124 · Vehicles	21,800.00	21,800.00	0.00	0.00%
1130 · Accumulated depreciation	-27,743.82	-27,743.82	0.00	0.00%
Total Fixed Assets	19,850.57	19,850.57	0.00	0.00%
TOTAL ASSETS	125,049.00	142,497.45	(17,448.45)	-12.25%
LIABILITIES AND EQUITY				
Liabilities				
Current Liabilities				
Other Current Liabilities				
2200 · FICA taxes payable	0.08	0.08	0.00	0.00%
2200 · OK WH taxes payable	-17.00	0.00	-17.00	-100.0%
2230 · United Way WH payable	11.00	11.00	0.00	0.00%
2240 · Accrued vacation payable	7,792.58	9,111.51	-1318.93	-14.48%
2401 · Deferred grant revenue	700.95	700.95	0.00	0.00%
2501 · Current portion of loan	0.00	0.00	0.00	0.00%
Total Other Current Liabilities	8,487.61	9,823.54	1335.93	13.60%
Total Current Liabilities	8,487.61	9,823.54	1335.93	13.60%
Long Term Liabilities				
2601 · Loan payable, less current	0.00	0.00	0.00	0.00%
Total Long Term Liabilities	0.00	0.00	0.00	0.00%
Total Liabilities	8,487.61	9,823.54	-1335.93	-13.60%
Equity				
3001 · Unrestricted net assets	36,565.14	36,565.14	0.00	0.00%
3002 · Retained Earnings	96,108.77	98,957.65	(2,848.88)	-2.88%
Net Income	-16,112.52	-2,848.88	-13,263.64	-465.57%
Total Equity	116,561.39	132,673.91	-16,112.52	-12.14%
TOTAL LIABILITIES & EQUITY	125,049.00	142,497.45	-17,448.45	-12.25%

Gifts of Hope ...created by TH People,



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Financials

Profit & Loss Previous Year Comparison

July 1 - June 30, 2022

	July'21 - June'22	July'21 - June'22	\$ Change	% Change
Income				
4000 · Contributions	280.75	881.95	-601.20	-68.17%
4100 · United Way allocation	42,500.00	54,500.00	-12,000.00	-22.02%
4200 · Fund raising				
4201 · Fund raising expenses	-2,621.66	-1,323.63	-1,298.03	-98.07%
4200 · Fund raising - Other	15,205.71	19,184.42	-3,978.71	-20.74%
Total 4200 · Fund raising	12,584.05	17,860.79	-5,276.74	-29.54%
5000 · ODMHSAS contract				
5001 · Unreimbursed contract services	0.00	-1,650.00	1,650.00	100.00%
5000 · ODMHSAS contract - Other	235,954.99	249,595.03	-13,640.04	-5.47%
Total 5000 · ODMHSAS contract	235,954.99	247,945.03	-11,990.04	-4.84%
5500 · Other Gov. grants	7,323.24	1,600.00	5,723.24	357.70%
5501 · Foundation/Civic Club Grants	10,000.00	10,100.00	-100.00	-0.99%
5502 · Civic Club Donations	0.00	0.00	0.00	0.00%
6000 · Donor Drive	29,934.15	21,323.00	8,611.15	40.38%
6100 · Restricted Donations-Vehicle	0.00	0.00	0.00	0.00%
6200 · Participant fee	4,916.00	2,783.75	2,132.25	76.60%
6500 · Interest income	476.74	569.77	-93.03	-16.33%
6900 · Miscellaneous revenues	0.00	4,234.56	-4,234.56	-100.00%
6901 · PPP Forgivable Grant	206.70	50,800.00	-50,593.30	-99.59%
Total Income	344,176.62	412,598.85	-68,422.23	-16.58%
Gross Profit	344,176.62	412,598.85	-68,422.23	-16.58%
Expense				
Management & General	61,572.94	61,948.84	-375.90	-0.61%
Fundraising	7,243.88	7,288.10	-44.22	-0.61%
Transitional Living	231,804.01	233,219.18	-1,415.17	-0.61%
Community Outreach	61,572.94	61,948.84	-375.90	-0.61%
Total Expense	362,193.77	364,404.97	-2,211.20	-0.61%
Net Income/(Loss)	-18,017.15	48,193.88	-66,211.03	-137.39%

Gifts of Hope

presented to



Transition House's FY'22 Board of Directors

Thank You for being a supporter of Transition House, Inc.
Changing Lives by Creating Pathways for Mental Wellness



Transition House, Inc., Statement of Functional Expenses Previous Year Comparison

July 2021 through June 2022

	Current Year - July '21 - June '22					Prior Year - July '20-June'21				
	Mgt & Gen Expenses	Fund Raising	Transitional Living	Community Outreach	Total Expenses	Mgt & Gen Exp	Fund Raising	TLP	COP	Total
7000 · Salaries & wages	34,604.18	4,071.08	130,274.56	34,604.18	203,554.00	35,473.59	4,173.36	133,547.63	35,473.59	208,668.17
7002 · Employee Health, Dental, Life Insurance	4,766.30	560.74	17,943.71	4,766.30	28,037.04	5,964.43	701.70	22,454.31	5,964.43	35,084.86
7003 · Workers' comp	887.57	104.42	3,341.44	887.57	5,221.00	807.50	95.00	3,040.00	807.50	4,750.00
7004 · FICA/MC/OESC	3,620.42	425.93	13,629.82	3,620.42	21,296.60	3,173.70	373.38	11,948.04	3,173.70	18,668.82
8000 · Legal & accounting	2,001.75	235.50	7,536.00	2,001.75	11,775.00	983.45	115.70	3,702.40	983.45	5,785.00
8100 · Office supplies	656.46	77.23	2,471.37	656.46	3,861.51	673.62	79.25	2,535.99	673.62	3,962.48
8200 · Telephone/Internet/Website	616.05	72.48	2,319.26	616.05	3,623.85	866.34	101.92	3,261.52	866.34	5,096.12
8300 · Postage	21.41	2.52	80.61	21.41	125.96	13.83	1.63	52.06	13.83	81.35
8400 · Rent	7,752.00	912.00	29,184.00	7,752.00	45,600.00	7,752.00	912.00	29,184.00	7,752.00	45,600.00
8410 · Utilities	1,918.42	225.70	7,222.30	1,918.42	11,284.84	1,704.21	200.50	6,415.85	1,704.21	10,024.76
8420 · Household expenses	355.72	41.85	1,339.19	355.72	2,092.48	393.31	46.27	1,480.69	393.31	2,313.58
8430 · Property maintenance & repairs	282.03	33.18	1,061.75	282.03	1,658.99	43.35	5.10	163.20	43.35	255.00
8500 · Equipment maintenance & repair	808.61	95.13	3,044.17	808.61	4,756.51	1,092.15	128.49	4,111.61	1,092.15	6,424.39
8800 · Training & development	164.30	19.33	618.55	164.30	966.49	232.42	27.34	874.98	232.42	1,367.15
8910 · Food	265.41	31.23	999.21	265.41	1,561.26	120.43	14.17	453.40	120.43	708.44
8920 · Client Supplies/Activities	1,176.03	138.36	4,427.42	1,176.03	6,917.85	908.26	106.85	3,419.32	908.26	5,342.68
8925 · Streaming Services	49.26	5.80	185.45	49.26	289.76	42.45	4.99	159.83	42.45	249.73
8930 · Gasoline	143.02	16.83	538.42	143.02	841.28	79.79	9.39	300.38	79.79	469.34
8940 · Vehicle maintenance & repair	175.67	20.67	661.34	175.67	1,033.35	21.51	2.53	80.96	21.51	126.50
8950 · Vehicle insurance	414.29	48.74	1,559.68	414.29	2,437.00	388.92	45.76	1,464.16	388.92	2,287.75
9000 · Dues & subscriptions	23.80	2.80	89.60	23.80	140.00	90.26	10.62	339.81	90.26	530.96
9430 · Advertising										
9450 · General & Prof Liability Insurance	529.72	62.32	1,994.24	529.72	3,116.00	489.16	57.55	1,841.56	489.16	2,877.44
9455 · Directors & officers Liability Insurance	340.51	40.06	1,281.92	340.51	2,003.00	340.51	40.06	1,281.92	340.51	2,003.00
9500 · Depreciation						293.53	34.53	1,105.06	293.53	1,726.65
9710 · Other expenses						0.14	0.02	0.51	0.14	0.80
Total Expenses	61,572.94	7,243.88	231,804.01	61,572.94	362,193.77	61,948.84	7,288.10	233,219.18	61,948.84	364,404.97

STATEMENT OF CASH FLOWS

July 2021 through June 2022

	July '21-June '22	July '20-June '21
OPERATING ACTIVITIES		
Net Income	-18,017.15	48,193.92
Adjustments to reconcile Net Income to net cash provided by operations:		
1055 · OKDMH contract receivable	-2,199.99	-3,960.03
1060 · Prepaid Insurance	0.00	0.00
2200 · FICA taxes payable	0.00	0.00
2210 · FIT WH payable	0.00	0.00
2220 · OK WH taxes payable	-17.00	0.00
2230 · United Way WH payable	0.00	0.00
2240 · Accrued Vacation payable	585.70	-1,904.63
2401 · Deferred grant revenue	0.00	-10,100.00
Net cash provided by Operating Activities	-19,648.44	31,567.90
INVESTING ACTIVITIES		
1120 · Furniture & Equipment	0.00	0.00
1130 · Accumulated Depreciation	0.00	4,333.57
Net cash provided by Investing Activities	0.00	4,333.57
FINANCING ACTIVITIES		
2601 · Loan Payable	0.00	-4,298.72
3001 · Unrestricted net assets	0.00	0.00
3002 · Retained Earnings	0.00	-38,521.65
Net cash provided by Financing Activities	0.00	-42,820.37
Net cash increase for period	-19,648.44	-6,918.90
Cash at beginning of period	97,491.79	104,410.69
Cash at end of period	77,843.35	97,491.79

Thank You

to our FY'22 Board, Board Fellow, Advisory Council Representatives, Staff, Students, Volunteers, Funders and Donors for partnering with TH to Make a Difference!
Together, we are Changing and Saving Lives!



Continuing to Provide Support

Even before I came to the Board of Directors of Transition House, I saw the change Transition House was making in people's lives. Now, as President of the Board, I am extremely honored to work together with those same folks, still making a difference.

To see the alumni of Transition House is to see the fruits of labor, not only of the highly trained and dedicated staff, but also of those who come to the program. Recovery is not an easy process. Many who come to the program are just starting their recovery journey. And for those who complete the program, they are never really gone.

Transition House is there, continuing to provide support. Transition House is not only a provider to those in the program, we are also a community partner. We collaborate on a local and state level with other organizations.

I am proud to be associated with Transition House and ask for your support as we continue our mission.

Cary Bryant, Board President, FY'22



Committed to Walking with Individuals, Supporting Them, & Helping Them

The health of a community can best be measured by the connections made and the relationships forged during times of adversity. Transition House embodies the idea of a recovery and wellness obtained by respecting, supporting and empowering individuals suffering from mental illness and addiction. If you are looking for an organization that is committed to walking with individuals, supporting them, and helping them to be able to stand in their own right in the community, Transition House is the place. Transition House has been the standard in the Norman community and beyond for decades when it comes to offering real solutions and relationship. I am proud to be on the board of this organization and look forward to many more years!

Stacey Clement, Board President, FY'23