

TRANSITION HOUSE, INC. FY'24 GOALS

GOAL 1: IMPROVE QUALITY OF LIFE FOR PEOPLE SEEKING RECOVERY THROUGH ENHANCED WELLNESS OPPORTUNITIES.

TRANSITION HOUSE STANDARDS:

- UTILIZE BEST PRACTICES TO DEVELOP AND FACILITATE GROUP CURRICULUM, PLAN MEANINGFUL ACTIVITIES, AND OBTAIN CLIENT FEEDBACK.
- CONTINUE BUILDING AND STRENGTHENING CONNECTIONS WITH COMMUNITY PARTNERS.
- PROVIDE INTENSIVE CASE MANAGEMENT WITH A FOCUS ON DEVELOPING HEALTHY AND MEANINGFUL RELATIONSHIPS, SUPPORT, HOPE, ADVOCACY, AND CONNECTIONS.
- PROVIDE SUPPORTIVE COUNSELING TO HELP MANAGE SYMPTOMS OF MENTAL ILLNESS AND SUBSTANCE USE DISORDERS.
- PROVIDE SAFE AND SECURE HOUSING FOR PEOPLE PARTICIPATING IN THE TRANSITIONAL LIVING PROGRAM (TLP).
- PROVIDE AS NEEDED DIVERSE SUPPORT OPPORTUNITIES FOR THOSE SEEKING COMMUNITY OUTREACH PROGRAM (COP) SERVICES.

ACTION STEPS	PROJECTED OUTCOME BY 6/30/24	STATUS – OCT 2023	STATUS – JAN 2024	FISCAL YEAR END SUMMARY
<ul style="list-style-type: none"> • Continue acquiring additional evidence-based curriculum and materials to support meaningful groups and activities. 	<ul style="list-style-type: none"> • Acquire 1 new set of evidence-based materials. • Acquire 1 new set of effective tools to help promote overall well-being. 	•	•	•
<ul style="list-style-type: none"> • Continue community outreach, collaboration and partnerships with local and regional agencies by hosting open houses for networking opportunities and engagement in community meetings. 	<ul style="list-style-type: none"> • Host 2 Open House for community providers. • Representatives from the Clinical Team will have 2 on-site visit with regional agencies. 	•	•	•
<ul style="list-style-type: none"> • Explore options for a clinical consultant to meet with TH staff monthly. 	<ul style="list-style-type: none"> • Acquire a new clinical consultant by 6/2024. 	•	•	•
<p>Transitional Living Program (TLP):</p> <ul style="list-style-type: none"> • Develop and maintain healthy connections with clients in the TLP. • Determine client needs that cannot be met at TH, and work to advocate and refer for additional support. • Monitor and maintain cleanliness, comfort, and safety at TLP apartments. • Provide supportive counseling. 	<ul style="list-style-type: none"> • 80% of the TLP clients establish and maintain healthy therapeutic relationships with their Recovery Coordinator. • 90% of the TLP clients will have provided a list of needed identification and will be working to secure those documents. • 100% of the TLP clients will be living in safe and secure housing. • 75% of the TLP clients have a better quality of life and support system. 	•	•	
<p>Community Outreach Program (COP):</p> <ul style="list-style-type: none"> • COP clients are welcome to attend TLP groups and activities if approved by the Programs Director. • Social/Recreational activities are scheduled to encourage client engagement. • Phone calls are answered, and support is given to people seeking assistance and referrals. • Affirm and empower client worthiness while sharing hope. 	<ul style="list-style-type: none"> • At least 2 social/recreational activities will be scheduled monthly. • 75% of COP clients with 6 or more contacts in 6 months will have improvements or maintain adequate social/recreational skills; community living skills; and mental illness management. • At least 5 affirming/empowering messages will be shared weekly through social media. • 80% of the COP clients have a better quality of life and support system. 	•	•	•

TRANSITION HOUSE, INC. FY'24 GOALS

GOAL 2: IMPROVE HEALTHY COMMUNITY RE-ENTRY FOR PEOPLE INVOLVED IN AGENCY PROGRAMS.

TRANSITION HOUSE STANDARDS:

- COMMITTED TO BEING MINDFUL OF THE ESSENTIAL PARTNERSHIP BETWEEN AGENCY CLIENTS, WORK, AND THE COMMUNITY.
- EQUIP CLIENTS WITH THE NECESSARY TOOLS TO BE CONTRIBUTING MEMBERS IN THE COMMUNITY WHILE HOLDING THEM ACCOUNTABLE TO SOCIETAL STANDARDS.

ACTION STEPS	PROJECTED OUTCOME BY 6/30/24	STATUS – OCT 2023	STATUS – JAN 2024	FISCAL YEAR END SUMMARY
<ul style="list-style-type: none"> • Refer and empower clients to seek healthy connections, resources, and services outside of TH as needed. • Maintain high quality, recovery focused, consistent services through individual and group meetings with clients. 	<ul style="list-style-type: none"> • 80% of the TLP clients will be referred to outside mental health and other providers to receive needed services that TH staff cannot provide. • 75% of TLP clients will have improvements in or maintain adequate skill levels in: mental illness management; community living, work related, and social/recreation skills. 	•	•	•
<ul style="list-style-type: none"> • Hold clients accountable to their recovery and occupancy agreements and recovery plans. 	<ul style="list-style-type: none"> • 80% of the TLP clients will be adhering to standards established by the occupancy and recovery agreements. 	•	•	•
<ul style="list-style-type: none"> • Support and hold clients accountable to recovery plans and use monthly assessments to guide plan updates to help clients maintain stable housing and income, thus reducing the risk of reoffending. • Ensure people transition out of the TLP into appropriate housing or programs that best fit their needs. 	<ul style="list-style-type: none"> • 80% of the active TLP clients will actively be working on their mental illness and related issues. • 75% of TLP clients will transition to appropriate community living or programs based on their needs. 	•		•
<ul style="list-style-type: none"> • Encourage TLP clients to engage with TH staff through COP after leaving TLP. • Encourage use of COP for extra support for those living in the community. • Be intentionally welcoming and supportive of people seeking COP supports. • Create a COP application form for those who have not been in the TLP who are interested in COP services. • Create COP cover sheet. • Add COP clients into TheraNest. 	<ul style="list-style-type: none"> • 70% of COP clients are former TLP clients. • 75% of COP clients will have 6 or more contacts with TH staff. • Create COP application by 6/30/24. • 80% of COP clients will have a COP cover sheet. • 80% of COP clients will be entered into TheraNest. 	•	•	•

TRANSITION HOUSE, INC. FY'24 GOALS

GOAL 3: DEVELOP RESOURCES TO STRENGTHEN TH CORE SERVICES AND AGENCY OPERATIONS.

TRANSITION HOUSE STANDARDS:

- WORK TO FIND EFFICIENT AND EFFECTIVE TOOLS TO UTILIZE IN PROVIDING SERVICES AND MANAGE NECESSARY OPERATIONS OF TH.
- CONTINUE RESOURCE DEVELOPMENT TO SUPPORT THE QUALITY OPERATIONS OF THE AGENCY.
- FOCUS ON IMPROVING CONNECTIONS WITH CURRENT AND PROSPECTIVE FUNDING SOURCES.

ACTION STEPS	PROJECTED OUTCOME BY 6/30/24	STATUS – OCT 2023	STATUS – JAN 2024	FISCAL YEAR END SUMMARY
<ul style="list-style-type: none"> • Strengthen staff skill sets by participating in ongoing training and conferences. 	<ul style="list-style-type: none"> • Clinical staff will complete required ODMHSAS trainings. • Clinical staff will complete Case Management training. • Clinical staff will complete Motivational Interviewing training. • Clinical staff complete Mental Health First Aid. 	•	•	•
<ul style="list-style-type: none"> • Continue exploring innovative ways to ensure and promote staff wellness and retention. 	<ul style="list-style-type: none"> • Staff will have participated in at least 10 SWARA's (Staff Wellness and Recovery Activities). 	•	•	•
<ul style="list-style-type: none"> • Continue review TH policies and procedures and determine priorities and next steps in updates. 	<ul style="list-style-type: none"> • Update Clinical Policies and Procedures by 6/30/24 • Create new Client Orientation packet, Client Handbook, and TLP interview form. 	•	•	•
<ul style="list-style-type: none"> • Increase public awareness of TH by expanding social media presence and creating a newsletter. • Encourage and empower client participation in increased advocacy and awareness efforts. 	<ul style="list-style-type: none"> • Produce 2 newsletters. • Assess benefits versus risks of establishing a TH TikTok. • 5 new Transitionisms to be created by clients. • Create 3 short videos to raise awareness of mental health and substance abuse disorders. • Create 3 short videos to improve understanding of the services provided by TH 	•	•	•
<ul style="list-style-type: none"> • Seek assistance to finalize work to set up Bloomerang. 	<ul style="list-style-type: none"> • Have Bloomerang operational by October 2023 	•	•	•
<ul style="list-style-type: none"> • Select and empower Board and Volunteers for the FY'24 Fund Raising Committee. • Coordinate efforts between Executive Director, Board and Volunteers to reach out to potential new funding sources. 	<ul style="list-style-type: none"> • Have Fund Raising Committee established by Dec. 2023 • Have at least 3 Fund Raising Committee meetings that will establish the fund raising plan and begin work on the plan. 	•	•	•