

Costs

Transition House, Inc., is a private, non-profit agency which started in April of 1982. The agency's governing Board of Directors, comprised of community volunteers, is dedicated to supporting mental health clients as they make the transition to community living with an emphasis on high quality of service with low cost for service delivery.

In FY '84, the overall cost = \$39 per unit of service

In FY '23, the overall cost = \$66 per unit of service

- Transitional Living Program cost = \$83 transitional living day
- Community Outreach Program cost = \$38/contact

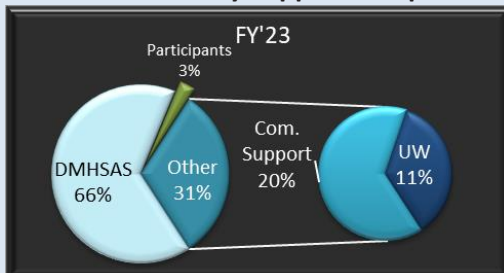
Funding

Funding Sources Include:

- Department of Mental Health & Substance Abuse Services
- United Way of Norman
- Norman's Social & Voluntary Services Commission
- Foundation/Club Grants: OEC, Moran Family, and The Anne and Henry Zarrow Foundations
- Client fees
- Fund Raising Activities
- Donor Drive
- June Bug Jam



State & Community Support Comparison



Staff

Bonnie L. Peruttzi, MHR

Executive Director

Amanda Sherf

Programs Director

Tyrese Chavez

Recovery Coordinator

Kaylee Deisering

Recovery Coordinator

Ilene Dickson

Business Manager

Messages from the TH People

"We're the People who shouldn't be making it... and We Are!"

"TH equips clients with the tools to succeed so we do not repeat the behaviors that landed us at our lowest places and of need of outside help. They also help us recognize and accept the mistakes that were made to help us change for the better and to make more positive and permanent changes. They don't focus on numbers, they focus on individuals and their personal healing. It's a program that fits everyone personally. There needs to be more places like TH that focuses on quality rather than quantity. TH doesn't put a timing on healing, they put a focus on each person's needs to better themselves to be in a better place in their lives."

"Twenty years ago, I was told I would be permanently suicidal. I gave up hope. I quit existing. I would never be happy. Now I have hope and I'm joyful. I have a light inside. I have the human right to be silly. I found my smile. I found my superpowers and my worth. This is not a phase, these are permanent tools that I now have."

Contact Information

700 Asp, Ste. 2, Norman, OK 73069
(405)360-7926 | 405-360-2339 (fax)

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www.thouse.org

www.facebook.com/TransitionHouseInc

www.youtube.com/transitionhouseinc

www.twitter.com/Thouse82

www.instagram.com/transition_house_norman

www.linkedin.com/company/transition-house-inc-norman-ok



TRANSITION HOUSE

Hope & Opportunities to Advance Mental Wellness

Our Vision

A community committed to connection, recovery, wellness, and joy.

Our Mission

Changing lives by creating pathways for mental wellness.

Our Impact

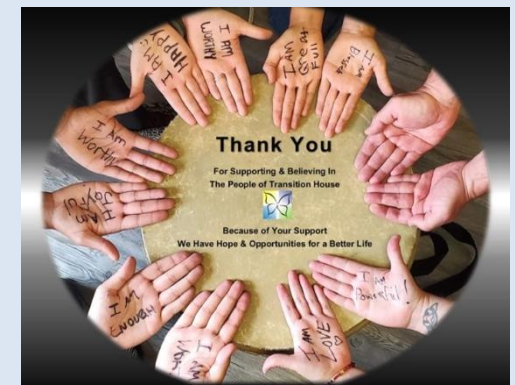
Improving our community by providing tools for sustaining mental wellness with skills development, supportive care and advocacy.

Our Culture

We Listen. We Respect.
We Support. We Empower.

Our Values

We believe in inspiring hope for recovery and wellness through healthy connections.



Transitional Living Program (TLP)

This program of supervised apartment living promotes the development of daily living, socialization / recreational, and work-related skills, plus provides support during the challenging times.

Program Highlights

- Referrals: Clients are screened by staff prior to acceptance.

For information: visit www.thouse.org, then click on "Services" or Call 405-360-7926.

Program Elements

- Individualized Recovery Plans, Routine and Crisis Related Staff Support, Referrals, Resources, and Advocacy.
- Weekly Recovery Coordinator meetings provide educational opportunities and support in developing life skills, managing environment, and decision making, as well as provide assistance in understanding and managing mental illness and recovery.
- Daily Groups and Activities provide opportunities for support and education.
- Housing provides space for three clients to live in one of four apartments while in the program.

Gifts of Hope

Allows clients to share the healing tools of creativity and gratitude with supporters of Transition House.



A HEALING TOOL...



BECOMES A GIFT OF HOPE



Community Outreach Program (COP)

This program provides opportunities for on-going socialization/recreational activities, support, and crisis intervention.

Program Highlights

- Focus: Emphasis is on diverse opportunities for socialization and support to help reduce the problems of isolation commonly associated with mental illness relapse.

Program Elements

- Structured Activities: Activities are planned by Recovery Coordinators for socialization. Limited transportation is provided for clients attending groups and activities. The Music Wellness Program offers opportunities for drum circles and other forms of musical expression.
- Drop-In Services: As schedules allow, staff meets with clients who call or stop by the office. No appointments are needed. TH provides use of a computer, WiFi, phones, fax, copier, and other services free to clients. Clients may receive referrals, resources, and advocacy to help meet their ongoing needs.

Transitionisms

Thoughts, affirmations, and words of hope from the People of Transition House.

Transitionisms can be found on Transition House's social media pages.



Drop-In Center

The Drop-In Center provides safe space for Transition House groups, activities, and socialization.

Center Highlights

- Located at 700 Asp, Suite 4
- Available for client use weekdays from 9:00 am to 5:00 pm.
- Clients may use the Center after hours with appropriate approval.
- Used for groups, activities, and provides a safe place to be.
- Furnished with free WiFi, TV/DVD, bathroom, and other items that make it a comfortable space.



"Transition House is the place that saved and changed my life."

"Through Transition House I receive the support and tools I need today to make my life a positive

experience instead of a life of pain and misery which I used to have for much of my life. Thank You Transition House!"

TH Wellness Project

The Vision:

To empower personal well-being, improve mental wellness and increase life joy.



Interactive discussions, education, and activities that promote personal well-being while empowering useful coping skills and mental wellness.

Open to Community members and OU students.