# TRANSITIONS

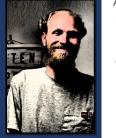
A newsletter brought to you by Transition House

CHANGING LIVES BY CREATING PATHWAYS FOR MENTAL WELLNESS.

## Top stories in this newsletter



## Making an Impact



A message shared with TH Staff from one of our TLP clients:

"I want to thank you all for your care, support, time and accountability you give to us. All of your hard work is appreciated and recognized. Without you guys and the program, I'm not sure where I would be in my life. You all have given me hope and a new outlook on life and my ability to recover from everything.

MARCH 2024

Thank you all so much for all you do. You give Strength, Hope and Direction to us all."

For more, go to https://www.thouse.org/impact

#### FY'24 Goals Status Report

Goals	<ul> <li>Goal 1: Improve quality of life for people seeking recovery through enhanced wellness opportunities</li> <li>Goal 2: Improve healthy community re-entry for people involved in agency programs.</li> <li>Goal 3: Develop resources to strengthen TH core services and agency operations.</li> </ul>
Outcomes Highlights	<ul> <li>95% of the TLP (Transitional Living Program) clients and 98% of the COP (Community Outreach Program) clients have a better quality of life and support system.</li> <li>93% of the active TLP clients are actively working on their mental illness and related issues.</li> </ul>
	• 87% of TLP clients have improvements in or maintain adequate skill levels in: mental Illness management; community living, work related, and social/recreation skills.
	For more, go to: FY'24 Goals with January 2024 Status Report

## June Bug Jam 2024



JBJ'24 is set for June 1, 2024, 7:00pm at The Well in Norman, OK. Special guest performer, Dr. Kelley Lobb, will be performing her original song - "Your Story".

JBJ'24 t-shirts are now available at the Transition House office. If you're interested in a t-shirt, contact Bonnie at <u>bperuttzi@thouse.org</u>. Special Thanks to our early JBJ'24 Sponsors. With your support, TH

is able to share powerful stories of hope that inspire and empower healing and while helping to reduce the stigma and shame often associated with mental illness.

For more on June Bug Jam, go to www.thouse.org/june-bug-jam

# Achievements



We continue to be very proud of the many accomplishments of the People of Transition House. From program completions, public speaking and advocacy work, speaking in front of TH's Board, to speaking in front of the Mayor and other community leaders - each person digs deep to find courage while sharing to help others. Empowering people to find and effectively use their voice is making an impact.

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Thank You to All who support the life saving work and People of Transition House. Become a Transition House supporter, go to <u>https://www.thouse.org/support-th</u>.

